NOW WHAT? May 20, 2018 Getting Through Hopelessness, Loss, & Heartache

To get through hopelessness, loss, hurt, heartache, pain, & drama: <u>**Step 1 Know, speak, live, & run to the Word of God.</u>

1 Corinthians 10:13 The temptations in your life are no different from what others experience. God's faithful. He'll not allow the temptation to be more than you can stand. When you're tempted, He'll show you a way out so that you can endure.

1 Corinth 10:13b AMP ... He can be trusted not to let you be tempted, tried, & assayed beyond your ability & strength of resistance & power to endure, but w/ the temptation He'll always also provide the way out; the means of escape to a landing place, that you may be capable, strong & powerful to bear up under it patiently.

<u>**Step 2 Have the right identity.</u> <u>**Step 3 Have a clear vision & divine guidance.</u> <u>**Step 4 Gain new thoughts, knowledge, & a new way of thinking</u>

2 Corinthians 10:5 NKJV ...casting down *arguments* & every high thing that exalts itself against the *knowledge* of God, **bringing every** <u>thought</u> **into captivity** to the obedience of Christ.

**<u>Step 5</u> to getting through hopelessness, loss, & heartache is to fight to the finish, stay faithful & endure to the end.

1 Timothy 6:12a Fight the good fight for the true faith...

Why do we have to fight? And who? And how? John 10:10a The <u>thief's</u> purpose is to steal and kill and destroy... James 4:7b ...Resist the <u>devil</u>, and he will flee from you.

1 Peter 5:8 Stay alert! Watch out for your *great enemy, the devil*. He prowls around like a roaring lion, looking for someone to devour. 9 Stand firm against him, and be strong in your faith...

Ephesians 6:10 Be strong in the Lord & in His mighty power. Put on all God's armor so you'll be able to stand firm against all strategies of the devil. 12 We're not fighting against flesh & blood enemies, but against evil rulers; authorities of the unseen world, mighty powers in this dark world & against evil spirits in the heavenly places. 13 Put on every piece of God's armor so you'll be able to resist the enemy in the time of evil. Then after the battle you'll still be standing firm. 14 Stand your ground, putting on the belt of truth & the body armor of God's righteousness 15 For shoes, put on the peace that comes from the Good News, so you'll be fully prepared. 16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. 17 Put on salvation as your helmet & take the sword of the Spirit, the Word of God.18 Pray in the Spirit at all times & on every occasion. Stay alert & be persistent...

Romans 8:31 ...if God is for us, who can ever be against us" ...**35** Can anything ever separate us from Christ's love? Does it mean He no longer loves us if we have trouble, calamity, are persecuted, hungry, destitute, in danger, or threatened w/ death? ...**37** No, despite all these things, <u>overwhelming victory</u> is ours through Christ, who loved us.

2 Corint 2:14 thanks be to God who always leads us in <u>triumph</u> in Christ **Isaiah 54:17 NKJV** No weapon formed against you shall prosper... We go on the attack! Pray in the spirit. Pray w/ faith & power. We fight!

Winston Churchill

• "This is the lesson: never give in, never give in, never, never, never, never — in nothing, great or small, large or petty — never give in except to convictions of honor and good sense. Never yield to force; never yield to the apparently overwhelming might of the enemy." • "If you will not fight for right when you can easily win without bloodshed; if you will not fight when your victory is sure and not too costly; you may come to the moment when you will have to fight with all the odds against you and only a precarious chance of survival. There may even be a worse case. You may have to fight when there is no hope of victory, because it is better to perish than to live as slaves."

• "We shall not fail or falter. We shall not weaken or tire. Neither the sudden shock of battle nor the long-drawn trials of vigilance and exertion will wear us down. Give us the tools and we will finish the job."

1 John 4:4 ...you've already <u>won a victory</u> over those people, 'cause the Spirit who lives in you is greater than the spirit who lives in the world.

2 Timothy 4:7 I have fought the good fight, I have finished the race, and I have remained <u>faith</u>ful.

2 Corinthians 5:7 NKJV We walk by *faith* not by sight.

1 John 5:4 For every child of God defeats this evil world, and we achieve this victory through our *faith*.

Hebrews 11:32 It'd take too long to recount the stories of the <u>faith</u> of Gideon, Samson, Jephthah, David, Samuel & all the prophets. By <u>faith</u> these people overthrew kingdoms, ruled w/ justice & received what God had promised them. They shut the mouths of lions, quenched the flames of fire & escaped death by the edge of the sword. Their weakness was turned to strength. They <u>became strong in battle</u> & put whole armies to flight.

2 Corinthians 12:9 "My grace is all you need. My power works best in weakness." I'm glad to boast about my weaknesses, so that the power of Christ can work through me. 10 That's why I take pleasure in my

weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.

James 1:2 ... when troubles of any kind come your way, consider it an opportunity for great joy. 3 For you know that when your faith is tested, your <u>endurance</u> has a chance to grow. 4 So let it grow, for when your <u>endurance</u> is fully developed, you'll be perfect & complete, needing nothing.

Much of our growth and success comes by simply outlasting the enemy.

Hebrews 6:12 Then you will not become spiritually dull and indifferent. Instead, you will follow the example of those who are going to inherit God's promises because of their <u>faith and endurance.</u>

We're not in this for short-term success; a marathon, not a sprint. Don't let the desire for short-term gratification rob you of long-term success.

Hebrews 10:36 <u>*Patient endurance*</u> is what you need now, so you'll continue to do God's will. Then you'll receive all that he has promised.

1 Corinthians 9:24 Don't you realize that in a race everyone runs, but only one person gets the prize? <u>*Run*</u> to win!

John 19:30 – Jesus said on the cross "...It is finished!")

2 Corinthians 4:16 That's why we never give up. Though our bodies are dying, our spirits are being renewed every day. 17 For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! 18 So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.