Wednesday, December 2



Photo by David Long-Higgins

Luke 21:34-38

"Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day does not catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. ***Be alert at all times***, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man."

Every day he was teaching in the temple, and at night he would go out and spend the night on the Mount of Olives, as it was called. And all the people would get up early in the morning to listen to him in the temple.

Reflection — Alertness

Edward Goode

Does alertness come easily to you or is it more of a struggle? Today is a "choose your own bestowal." There will first be a prayer for all of us followed by two short prayers. You may choose which prayer connects with you today (and you can return to this on another day when maybe you're feeling differently).

God, we have heard your invitation to be alert. But, depending on the day and depending on each person, that means something different. I know how it is for me to be alert and awake — show me which prayer path is mine today and speak to me regardless of whether alertness comes easily or whether it is a longer process.

If Alertness Comes Easily

God, help me to discern to what I should stay alert. Help me to filter out that which distracts and confuses. Help me to be alert to your ways. Amen.

If Alertness is Hard

God, help me to slowly ease into alertness today. Begin my alertness with your way. Let your way filter through all of what comes after so that I am alert to you before all else. Amen.

Show me which prayer path is mine today