

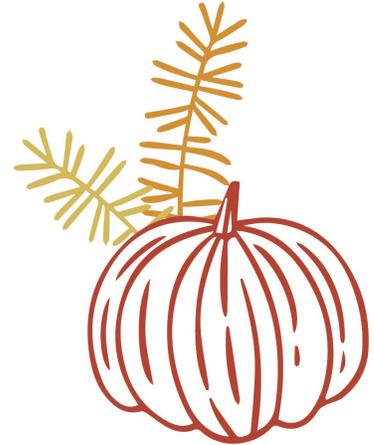
October 2022



First Presbyterian Church of Everett

The Carillon

A Publication of the First Presbyterian Church of Everett



WHAT'S INSIDE:



*We always
pray for you,*

that our God
may make you
worthy of his
calling and may
fulfill every
resolve for good
and every work
of faith by his power.

2 THESSALONIANS 1:11, ESV

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**The Carillon
October 2022**

Sunday In-person & Virtual Worship Schedule:

10:00 am - 11:00 am - Worship
11:00 am - Fellowship
11:30 am - Adult Sunday School

**The First Presbyterian
Church of Everett
2936 Rockefeller Avenue
Everett, WA 98201**

Website: www.firstpreschurch.com

Phone: 425-259-7139

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Office Hours:

By Appointment—Call 425-259-7139

Rev. Dr. Alan Dorway	Pastor
Linda Senter	Financial Assistant
Sondra Santos	Communications Manager
Doreen Solberg	Office Coordinator
Ari Kohler	Custodian
Steve Torrence	Director of Music
Gary Norris	Church Organist
Rev. Dr. Edwin C. Coon	Pastor Emeritus

Hybrid Worship - Sundays at 10am



If you are unable to attend in-person worship, we invite you to join us for an interactive virtual Sunday worship service, Sundays at 10:00am on the church's Facebook page. Just be on our Facebook page at 10:00am and wait for the live video to start. If you have not had an opportunity to like or follow us on Facebook, you can do so by visiting <https://www.facebook.com/FirstPresbyterianChurchofEverett/>

You can hear and/or view previous worship services and find worship guides on our mobile app or by visiting our website at <https://firstpreschurch.com/sermons>

You can also watch our worship services on our YouTube channel. Subscribe today by visiting https://www.youtube.com/channel/UCBm4b8eSW9TqN1e1RoFkdag?view_as=public

Worship guides are posted on our website and mobile app, the Friday before worship.

Read, Pray, Love Psalm Schedule

<u>Week</u>	<u>Psalm</u>	<u>OT</u>	<u>NT</u>
September 25	Psalm 84	Proverbs 3	Romans 12
October 2	Psalm 90	Proverbs 31:10-31	1 Corinthians 12
October 9	Psalm 91	Isaiah 6	1 Corinthians 13
October 16	Psalm 98	Isaiah 40	1 Corinthians 15
October 23	Psalm 100	Isaiah 55	2 Corinthians 4
October 30	Psalm 103	Isaiah 58	2 Corinthians 5
November 6	Psalm 111	Jeremiah 31	Galatians 5
November 13	Psalm 118	Ezekiel 37:1-14	Ephesians 2
November 20	Psalm 121 and 122	Daniel 3	Philippians 2
November 27	Psalm 139	Amos 5	2 Thessalonians 2:13-17



OCTOBER 2022



Special Dates:

Pastor Appreciation Month

World Communion Sunday, October 2, 2022

Reformation Sunday, October 30, 2022

Reformation Day, October 31, 2022

Off the Wall from Pastor Alan

Thank you. Thank you for the gift of a sabbatical. Thank you for being the church and continuing the ministry of sharing the good news of Jesus in worship, discipleship, and mission. Thank you to our staff, session, deacons, guest pastors, and everyone who participated this summer. I am grateful to be back and look forward to what God has in store for us this fall.

Many of you have wondered, what did I do, what did I learn, and how was the sabbatical. Great questions and I have so many answers, but I'm going to tell you about the last weekend of the sabbatical as I ran the Rock and Roll Series Half Marathon. Just like the sabbatical, this event had been postponed for two years. In 2019, I began planning my sabbatical for the summer of 2020. However, in March of 2020, our world changed, and the sabbatical was postponed. In January of 2020, I had this crazy idea that maybe I should run a half marathon. Yes, a totally, bizarre, out of nowhere thought that I could not let go. I did some research and found the Seattle Rock and Roll series and decided to sign up and use the summer in 2020 to prepare for this event. However, like the sabbatical, the run was postponed.

The half marathon was moved from 2020 to April of 2021, to the fall of 2021, and ultimately to September 2022. I kept on training. I had ups and downs. I tweaked my back. I was very dedicated over the summer of 2021 before it was moved out another year. I rejoined the Y to allow for treadmill and strength exercises in inclement weather. And I signed up and ran my first half marathon in March at the Everett waterfront. The sabbatical started and I outlined a training plan to prepare for the original event now adapted to 2022 and a Bellevue course.

However, as I rested, recharged, took trips, visited family and friends, read, and decided to sleep in over the summer, my training took a back seat. I was not upset about this, but I noticed over our road trip in July that even though I brought my running shoes, I was more interested in being leisurely and surfing than waking up and getting 'miles' on my feet.

One afternoon, as Vicki and I were sitting on the beach, I confessed that I did not know if I wanted to run the half marathon. I was concerned that with my lack of constant training, I would just hurt myself rather than push myself. She encouraged me to do what I could. She told me to trust my understanding of the need to train and if it was not there, then it would be okay to not run. She reminded me I was doing this, and no one was pressuring me. If I did it, then great; if not, then great. She gave me the permission to run or not to run. She reminded me I was not letting anyone down; I was being honest, and she, plus everyone else, would love me.

That conversation and the talks with family, friends, and others about the race after that moment were exactly what the sabbatical was about. God's love has been faithful, constant, and complete since my first breath until the time I enter Jesus' presence. Yet, I struggle with accepting it. I put pressure on myself to be the perfect or best pastor, husband, brother, friend, community member, student, leader, etc. and etc. And when I feel, experience, or admit that I am not the best (and no one puts this expectation on me except me), then I automatically struggle with whether or not I am lovable, worthy, or even just a good person. Most days, when I struggle with these feelings, I can take a breath, settle my heart in prayer, hear the Spirit's voice calmly speak to me, and know that to everyone around me, I am worthy and loved. I rely on scripture, prayer, worship, family, and friends to support me and help me hear the truth and good news of Jesus. My status with God has never changed: I am his child, he is for me, he loves me, and grace surrounds me. [FYI: this is true for you and everyone; God's focus of love for us never waivers]

Yet, there are times when insidious lies tear me down and will not let go of my heart. My sabbatical was a gift from you allowing me to deeply let go of those lies that stick and hang on while allowing the clear, grace-filled voice Jesus to fill my heart. Every verse of scripture I read, every book, every moment of prayer, those times when I stood and marveled at creation around me, laughing with friends, eating good food, watching the scenery pass me by, when I fell asleep and when I woke up this summer, was a recharging and renewing moment to experience love and for me to internalize, pack it deep, seal, heal some broken spaces, in my heart.

The sabbatical allowed me to shake off some unhealthy voices that had taken some residence in my heart and just be the person I am created to be and for me to reaccept that person. True, I am not complete, but the sabbatical was a healthy reminder of the joy of our salvation through God in Jesus.

(Continued on page 5)

(continued from page 4)

I know we get busy. School is in session, Halloween candy is out in force, and Thanksgiving/Advent/Christmas is right around the corner. We have barely vacuumed out the beach sand from our cars when we are thinking about what's next. I was reminded over the sabbatical that I have permission to stop, to walk, to be slower, to listen, to enjoy a moment, and God is present. We have permission to stop. We can slow down. We can take a moment to just worship, to pray, and to be present for another. We have permission to calm down and rest in the love of God that is always for us, completely surrounds us, picks us up, holds us close, and never fails us. Jesus calls us to follow him, to seek God's kingdom, and live a full life in the Holy Spirit. I don't always get it right, but our invitation, as Christ followers, is to slow down and live gracefully. We have the permission to stop, to adjust, to refocus, and lean on each other to experience, find, and share God's peace, hope, joy, and love.

Peace, *Alan*

Here is a list of books that I read this summer:

Think Again by Adam Grant

In the Name of Jesus by Henri Nouwen

Wounded Healer by Henri Nouwen

Letter from a Birmingham Jail by Dr. Martin Luther King Jr.

The Universal Christ by Richard Rohr

How the Word Is Passed by Clint Smith

Project Hail Mary by Andy Weir

Woman on Fire by Lisa Barr

And the Mountains Echoed by Khaled Hosseini

Shunned by Linda A. Curis

The House of Broken Angels by Luis Alberto Urrea



Library Update - October 2022

One of the pleasures of overseeing the church library is locating and displaying materials to support various studies taking place in the congregation. A special pleasure at this time is acknowledging and supporting groups able to meet in person again as part of the opening up process.

Two women's circles are having actual meetings this fall. Pricilla Circle is continuing with a new study honoring the Sabbath, using material from both Testaments. Our collection has several books devoted specifically to this topic.

Walter Brueggemann has given us a slim volume with the intriguing title: *Sabbath as Resistance: Saying No to the Culture of Now* (263.1 Bru). Brueggemann, as always, surprises and rewards readers with fresh interpretations.

Abraham Heschel penned the classic *The Sabbath: Its Meaning for Modern Man* in 1951, updating it for a new century in 2005 (263.1 Hes). Another fruitful source is Wayne Muller's *Sabbath: Restoring the Sacred Rhythm of Rest* (263.1 Mul). Christine Sine's *God Space: Time for Peace in the Rhythms of Life* (248.4 Sin) is also worth a look.

Additional possibilities regarding sabbath are any titles treating the Ten Commandments. One such book is Walter J. Harrelson's *The Ten Commandments for Today* (241.5 Har). Commentaries on Exodus and Deuteronomy will have helpful nuggets as well.

The above titles, except for the commentaries, are featured on the display shelf in the main library ready for easy checkout.

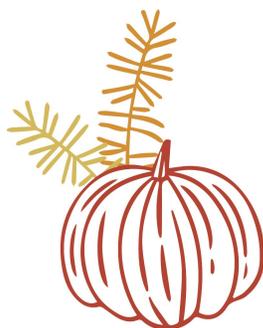
Dorcas Circle anticipates studies on the women named in the genealogy featured in the opening chapter of Matthew's gospel. One title recommended in the study guide, "What My Grandmothers Taught Me" is Joan Chittister's *The Story of Ruth* (248.84 Chi). Chittister shares her gift for drawing new spiritual insights from familiar topics.

Our hope is that these suggestions may point the way to enriching the experiences of the women's circles as their meetings continue or start up anew,

Some Dead Sea Scrolls sources are also available to support the continuing Sunday morning class.

For help in locating these or other titles on Sabbath, the women of Matthew's genealogy, the Dead Sea Scrolls—or any other topic of your choice—please contact me by phone or email.

Shirley Solberg 425-501-1607 or 425-252-2706 shirley.solberg@icloud.com



Fourth Monday Book Group - October 2022

After three novels, for our October book selection we return to nonfiction. Marie Yovanovitch's recent memoir takes us to several countries as seen through the eyes of a United States Foreign Service representative.

October 24 **Lessons from the Edge: A Memoir** Marie Yovanovitch Leader - TBA

Raised by Russian immigrant parents in Connecticut where her father taught high school, Marie (Masha) Yovanovitch, grew up loving both the outdoors and reading, especially Narnia-like stories. After graduating as a history major from Princeton, she registered for a 3-month Russian language program in Moscow. Back in the United States, she ultimately signed up for the Foreign Service in order to "follow foreign affairs, serve as a non-partisan professional, and make the world a better place." Her work led to posts in Somalia, the United Kingdom, Russia, Ukraine, Kyrgyzstan, and Armenia, with a return to Kyiv as ambassador shortly before the war broke out.

Her personal story offers a backstage glimpse of daily life in the Foreign Service. Notable are her passion for the equal treatment of women, the challenge of adjusting to presidential turnovers, and the pleasures of travel with its surprises and cultural opportunities. Yovanovitch's writing is straightforward, enhanced by historic photographs and a map showing the regions where she served for some four decades. From the epilogue: "History is a double-edged sword Ultimately what we do with history's lessons is up to us."

November 28 Free choice: What I Am Reading

In line with our September decision in we return this fall to a tradition from Novembers past. We will each have the opportunity to share with the group what we are currently reading. No book to buy or check out, no prescribed format! There is usually time for up to three titles per person. These discussions in the past have been lively and have sometimes led to ideas for the upcoming year. It's perfectly fine to come simply as a listener (always an option) but many of us will have titles we are eager to discuss.

December: our pre-pandemic tradition was to skip this month which usually has enough activity without adding a book group discussion. No decision has been made for this year. Stay tuned!

To take part in book group discussions, sign in via Zoom at 10:00 a.m. Pacific Time on the dates listed above. Watch your email for the Zoom link. New participants are always welcome.

Shirley Solberg 425-501-1607 or 425-252-2706

shirley.solberg@icloud.com



GRIEF SUPPORT GROUP

Help and encouragement after
the death of a spouse, child,
family member, or friend.

Sundays 2:00 pm - 4:00 pm

September 18 - December 11, 2022

Madison Community Church

6900 Wetmore Ave, Everett, 98203

office@madisoncc.org 425-353-2293

One time \$25 fee for participant book & registration

To register go to griefshare.org



Presbyterian Women

If you've been thinking about joining a women's bible study but just haven't yet, now's your chance.

Dorcas Circle is planning a return this fall. We will meet one evening a month and focus our study on the Horizons Bible Study: "What My Grandmothers Taught Me."

Please feel free to talk to Debbie Roberts or Leslie Sutin with any questions. Please let us know if you are interested so we can finalize details and make sure we have enough books.

A photograph of a church sanctuary. In the foreground, a wooden pulpit is visible. Behind it, a large organ with many pipes is mounted on a wooden structure. To the right, a tall stained glass window with colorful designs is visible. The text "A Celebration Concert" is overlaid in large white letters. Below it, in smaller white text, it says "Featuring Organ Maestro David di Fiore in honor of John Moir". At the bottom, it says "Sunday, October 30, 2022 at 3 p.m. Sanctuary Suggested Donation: \$15".

A Celebration Concert

Featuring Organ Maestro David di Fiore
in honor of John Moir

Sunday, October 30, 2022 at 3 p.m.
Sanctuary
Suggested Donation: \$15

All-Church Picnic 2022 in Photos



Another FPCE All-Church picnic is in the FPCE history books. Everyone was in agreement that the weather couldn't have been more perfect for an outdoor afternoon of fun and fellowship with friends and family at Hauge Homestead Park in Everett.

If you missed this year's picnic, not to worry. Join us as we look forward to the **2023 FPCE All-Church Picnic** which is tentatively scheduled for **August 27, 2023**. And some good news, we're planning to be back at Legion Memorial Park



OCTOBER CELEBRATIONS!



The First Presbyterian Church of Everett sends greetings to all of our members and friends celebrating birthdays and anniversaries this month.



Join us in wishing the following members a happy birthday and/or happy anniversary (if you are a **member or friend** whose name is not listed, please contact Doreen in the church office to update your record, so that we can include you in the future celebration listings):

Anniversaries:

- 10/4 Jered & Danielle Fowler
- 10/8 Ken & Donna Bosman
- 10/20 Steve & Peggy Ulvestad
- 10/26 George & Shirley Lockeman
- 10/29 Doug & Amy Farnham

Birthdays:

- | | |
|----------------------------|-----------------------|
| 10/1 Mary Grosse | 10/24 Kathy Shubert |
| 10/1 Theresa McLaury (101) | 10/27 Jan Weakley |
| 10/3 Jay Kuhnhenh | 10/28 Judith Campbell |
| 10/3 Nancy Torrence | 10/28 Teresa Miniken |
| 10/4 Joshua Miniken | |
| 10/4 Judy Pitcher | |
| 10/5 Jamie Hunter | |
| 10/5 Jeff Solberg | |
| 10/7 Bob Barren | |
| 10/11 Al Findlay | |
| 10/11 Dorothy Nerison | |
| 10/12 Doug Farnham | |
| 10/13 Alan Villesvik | |
| 10/17 Sarah Scoringe | |
| 10/18 Marilee Richards | |
| 10/24 Vicki Dorway | |



Newsletter Deadline

E-Newsletter If you have information you would like included in the mid-month e-newsletter, please send that information to:

sondra@firstpreschurch.com by the following deadline:

October 6, 2022

Carillon: If you have information you would like included in the upcoming edition of The Carillon, please e-mail your submission to sondra@firstpreschurch.com by the deadline noted below. The Carillon is distributed on the last Sunday of the month. Upcoming deadline:

October 16, 2022

**ALL SUBMISSIONS DUE BY
5:00PM ON DUE DATE.**

FPCE

VOA FOOD COLLECTION

First Sundays:
Bring Donations to
Sunday Worship



Everett Faith in Action Video Event

On Sunday, October 2, join Pastor Alan and others for the video premier - Engaging with Homelessness in Everett – Stories of Challenge and Hope, 5:30 -7 p.m. at First Baptist Church, 1616 Pacific Avenue, Everett.

The event will include a screening of all six, short videos about homelessness in Everett and live interviews with people and agencies featured in the videos. After the program, there will be a pumpkin pie reception where you'll have the opportunity to connect with programs and projects that are making a difference

These professionally-produced videos feature the work of the Everett Police Department's Community Outreach and Enforcement (COET) team, Mercy Watch, Everett Gospel Mission's Pallet Shelter Project, Faith Lutheran, Catholic Community Service's Clare's Place supportive housing, the Everett Faith in Action (EFIA) Steering Committee, and others.

This in-person event will not be live-streamed but will be available for viewing afterward via the EFIA Facebook page. <https://www.facebook.com/everettfaithinaction>

CARING FOR OUR EARTH (It's easy being green!)

From the Estuary Angels



Reduce, Reuse, Recycle, Remove, Refuse, Repair

The Big Impact of Paper Receipts

Every day, millions upon millions of customers receive receipts for everyday purchases. Many of these receipts get thrown away or lost. And many of these receipts are coated in toxic chemicals, potentially harming store employees and customers. Problems with receipts:

- * Receipts use 3,680,000 trees and 10 billion gallons of water every year in the U.S.
- * Production and disposal of receipt paper generates unnecessary waste and emits the carbon equivalent of over 471,000 cars on the road.
- * An estimated 93 percent of paper receipts are coated with BPA or BPS, endocrine disruptors that are linked to fetal development issues, reproductive impairment, type 2 diabetes, thyroid conditions, and other health concerns.
- * The amount of BPA on a receipt is up to 1,000 times greater than BPA on a plastic bottle or food can, according to Environmental Working Group.
- * Retail employees experience the highest levels of exposure, as studies show workers who have regular contact with receipts have over 30 percent more BPA or BPS found in their bodies.
- * Paper receipts as proof of purchase have been used in racial profiling and discriminatory practices.

Some retailers are reducing their environmental impact by reducing the amount of paper they use by replacing paper receipts with electronic receipts or none at all, if the consumer requests that option. A larger goal is to raise awareness of the complex impacts of commonplace materials we engage with every day and the varied ways individual actions and corporate responsibility influence our waste streams.

What we consumers can do about paper receipts: Skip the Slip! Request an electronic receipt or none at all. *Source: Green America*

Quick Hint – Pouring boiling water over a plastic tea bag brews up billions of microplastic nanoparticles into the tea. Choose organic compostable teabags. *Source: Earth 911*

Special Days

Oct. 2 is ***World Habitat Day***. Oct. 4 is ***Blessing of the Animals Day***. Oct. 7 is ***Inter-American Water Day*** (importance of water for health and sustainable development) and is ***National Play Outside Day***. Oct. 14 is ***Int'l Migratory Bird Day***.

Enjoy the Beauty Around Us

It's fall foliage time. Enjoy the change of colors and build a mindful connection with nature by practicing the Japanese art of shirin-yoku – “forest bath” or “absorbing the forest atmosphere.” Find a park or other area with trees, explore nature with your five senses, even meditate.

“My favorite color is October.” - Unknown



POVERTY 101: October 1, 2022 — 9:00am – 2:30pm

The FPCE Mission Committee invites you to save the date and join us for Poverty 101, an important and exciting learning opportunity that will change the way you think about poverty and homelessness in our community.

The staff of the Everett Gospel Mission will lead and inspire us in this foundational class consisting of interactive exercises and conversational learning, encouraging us to better understand the unique challenges of long-term poverty.

This class will also bring a greater self-awareness of how our own experiences have shaped our understanding of poverty and our thinking about those individuals and families living in poverty.

We'll also explore what the Bible says about poverty, how God defines poverty, and how we as a church can engage with our neighbors that are experiencing poverty.

You will laugh, be moved, inspired, perhaps confronted, and maybe even angered, but at the end of this class you will definitely be changed in some way.

Poverty 101 will be held here at FPCE at no cost, with lunch provided.

You can register now at the Everett Gospel Mission website, <https://egmission.org/poverty101/>, or you can look for sign-ups here at church in September during coffee hour.

If you have questions, please contact Judy Hammond at 425-879-1228 or stevejudyhammond@gmail.com.



Church Leadership

Moderator – Alan Dorway

Ruling Elders

Class of 2022

Marne Larson

Bill Grosse

John Gebert

Class of 2023

Elizabeth Nelson

Debbie Roberts

Roy Yates

Class of 2024

Steve Hammond

Jamie Hunter

Jan Weakley

Deacons

Class of 2022

Lisa Comstock

Bob Barren

Barbara Barren

Class of 2023

Sonya Beardsley

Amy Farnham

Mike Davis

Class of 2024

Susan Davis

Ed Pearson

Doris Pearson

