

Community Group Discussion Guide

Ephesians 6:10–19 — Fighting the Right Battle

Introduction

Paul ends the book of Ephesians with a reminder that the Christian life involves **spiritual conflict**. But many believers either ignore this reality or misunderstand it. Paul helps us see that the real enemy is not other people but **spiritual forces working through deception, division, and accusation**.

When we misidentify the enemy, we fight the wrong battles. But when we fight the right battle in the right way, our lives open doors for the gospel.

Read Together

Ephesians 6:10–19

Discussion Section 1

Our Strength Comes From God (v.10)

“Finally, be strong in the Lord and in the strength of his might.”

Discussion Questions

1. What do you think Paul means by **“be strong in the Lord”** rather than being strong in yourself?
2. Why do you think Paul ends the letter with this command?
3. What are some ways Christians today try to fight spiritual battles using their own strength?

Application

- What is one area of your life right now where you need to rely more on **God's strength instead of your own effort**?
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Discussion Section 2

The Enemy Uses Schemes (v.11)

“Put on the whole armor of God, that you may be able to stand against the schemes of the devil.”

Paul says the enemy works through **schemes**—strategies meant to deceive, discourage, divide, and distract believers.

Discussion Questions

1. What are some examples of spiritual “schemes” you see in our culture today?
2. Why do you think deception is one of the enemy’s most powerful tactics?
3. How can Christians recognize when something is a spiritual attack rather than just a normal challenge?

Application

- What is one lie or discouraging thought that Christians often believe that might actually be a **spiritual deception**?
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Discussion Section 3

People Are Not the Enemy (v.12)

“For we do not wrestle against flesh and blood...”

Paul makes something very clear: **people are not the enemy**.

Spiritual forces often work through systems, conflicts, divisions, and misunderstandings, but believers must resist the temptation to treat other people as the enemy.

Discussion Questions

1. Why do you think it is so easy to treat other people as the enemy?
2. How does remembering that **people are made in God's image** change how we respond to conflict?
3. Where do you see Christians today mistakenly fighting **people instead of spiritual evil**?

Application

- Is there a relationship or situation where you might be treating someone like the enemy rather than recognizing the deeper spiritual battle?
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Reflection Exercise

Take a moment silently and ask yourself:

- Where am I misidentifying the enemy in my life?
 - What spiritual battle might I be ignoring?
 - How might God be calling me to respond differently?
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Prayer Time

Spend time praying together for:

- Wisdom to recognize the enemy's schemes
- Unity in the church and in relationships
- Strength to stand firm in faith
- Courage to represent Jesus well in conflict

You may also pray specifically for any situations group members mentioned during discussion.

Key Takeaway

When Christians fight the right battle against the real enemy—and refuse to treat people as the enemy—the gospel becomes more visible to the world.