

# Ears to the Eternal

## A 5-Day Prayer Journey

### Day 1: Eternal Perspective in Daily Challenges

**Reading:** Psalm 90:1–6

In a world of constant change and fleeting moments, Psalm 90 reminds us of God's eternal nature. Moses, who faced numerous challenges leading the Israelites, anchors his prayer in God's everlasting presence. When we feel overwhelmed by life's pressures, we can find solace in knowing that the God who existed before the mountains were formed is the same God who walks with us today. Take a moment to reflect on a current challenge you're facing. How might viewing it through the lens of God's eternal perspective change your approach? Ask God to help you see beyond the immediate and trust in His timeless wisdom and care.

#### **Reflection Question:**

What is one pressing challenge in your life right now, and how might seeing it from God's eternal vantage point reshape your attitude toward it?

#### **Action Step:**

Write your current challenge on a piece of paper. Next to it, write "This too is in God's hands." Keep it somewhere visible this week.

*"Our view of life will be shaped by our view of God. The bigger God becomes, the smaller our troubles will seem." – A.W. Tozer*

## Day 2: Embracing Our Frailty, Finding His Strength

**Reading:** Psalm 90:10–12; 2 Corinthians 12:9–10

Moses doesn't shy away from acknowledging human frailty in Psalm 90. Similarly, Paul in 2 Corinthians speaks of weakness as an opportunity for God's power to shine through. Our culture often celebrates strength and independence, but Scripture invites us to find freedom in admitting our limitations. Today, consider an area where you feel inadequate or weak. Instead of trying to overcome it through your own efforts, offer it to God as a space for His strength to be displayed. Pray for the wisdom to 'number your days' — to live purposefully, recognizing your dependence on God in every season.

### Reflection Question:

Where in your life do you feel most inadequate, and how could you begin viewing that space as an opportunity for God's strength to work?

### Action Step:

Identify one area of weakness or limitation in your life today. Instead of avoiding it, bring it before God in prayer.

*"When I am weak, then I am strong — not because weakness has power, but because it draws me closer to the One who does." — Corrie Ten Boom*

## Day 3: From Wilderness to Purpose

**Reading:** Psalm 90:15–17; Romans 8:28

After years in the wilderness, Moses prays for God to establish the work of their hands. He believes that even seasons of adversity can be redeemed for God's glory. Paul echoes this in Romans, assuring us that God works all things for good for those who love Him. Reflect on a 'wilderness' period in your life — a time of struggle or waiting. How has God used that experience to shape you? Ask Him to reveal the purpose He's working out through your current circumstances, and pray for the faith to trust His process, even when the path seems unclear.

### Reflection Question:

Looking back, can you identify one past season of struggle that God ultimately used for good in your life?

### Action Step:

Journal about a current difficulty, then list three possible ways God might use it for growth, ministry, or testimony.

*“God never wastes a wilderness. What feels like delay is often His preparation for your destiny.”  
– Christine Caine*

## Day 4: Daily Dependence, Divine Satisfaction

**Reading:** Psalm 90:14; Matthew 6:11

Moses prays for God to satisfy them in the morning with His unfailing love. This mirrors Jesus' teaching to pray for 'daily bread.' Both emphasize the importance of daily reliance on God's provision — not just for physical needs, but for spiritual nourishment and joy. In our self-sufficient world, cultivating this daily dependence can be challenging. What might it look like to start each day by acknowledging your need for God's love and guidance? Consider setting a specific time each morning to pray, 'Lord, satisfy me with your love today, that I may rejoice and be glad all my days.'

### Reflection Question:

What is one practical way you could begin your mornings more intentionally focused on God's love and guidance?

### Action Step:

Set aside five minutes tomorrow morning to read Psalm 90:14 and pray it aloud.

*"The morning is the open door to the rest of the day; let God's love be the first to enter." — Charles Spurgeon*

## Day 5: Leaving a Legacy of Faith

**Reading:** Psalm 90:16–17; 2 Timothy 2:2

As Moses nears the end of his journey, he prays for God's work to be shown to their children. This echoes Paul's instruction to Timothy about passing on the faith. No matter what stage of life you're in, God invites you to consider the legacy you're building. How are you contributing to the faith journey of those around you — whether children, friends, or colleagues? Pray for wisdom in discerning how God wants to use your experiences and insights to encourage others. Ask Him to establish the work of your hands in ways that will impact generations to come, always pointing back to His faithfulness and love.

### Reflection Question:

If someone were to describe your spiritual legacy, what would you want them to say — and how can you start living that today?

### Action Step:

Identify one person this week you can encourage in their walk with God — send them a note, share a verse, or pray with them.

*“You may not see the harvest, but your faithfulness today plants seeds for someone else’s tomorrow.” – Elisabeth Elliot*