



On Praying

5 Day Devotional On “Rooted In Love”

Day 1: Rooted in God's Love

Reading: Ephesians 3:14-19

Imagine a mighty oak tree, its roots extending deep into rich soil, drawing life-giving nutrients that enable it to weather every storm. This is the picture Paul paints of our spiritual life—rooted and established in God's incomprehensible love. You are not merely loved; you are **ANCHORED** in love! This divine love isn't fragile or conditional—it's the bedrock foundation upon which your entire identity rests.

Today, God invites you to stop striving and start receiving. His love doesn't fluctuate with your performance or circumstances. It's steady, overwhelming, and transformative. When you truly grasp this truth, everything changes. Your fears lose their grip, your insecurities crumble, and your heart finds unshakeable peace.

Reflection Question: What would change in your life if you truly believed—deep in your bones—that God's love for you is unshakeable and limitless?

Action Step: Write down three specific areas where you struggle to accept God's love. Pray over each one, asking God to plant His love deeper in those wounded places.

Quote: *"God's love is like a river—it never stops flowing, it never runs dry, and it's always moving toward you."* - Max Lucado

Day 2: Strengthened from Within

Reading: 2 Corinthians 4:16-18

You carry within you the very power that spoke galaxies into existence! Paul's prayer for inner strength isn't about mustering up willpower—it's about tapping into the supernatural reservoir of God's Spirit dwelling within you. While the world around you may feel chaotic, there's a sanctuary of peace and strength in your inner being where Christ reigns supreme. This inner strength isn't built through self-effort but through surrender. It's cultivated in quiet moments with God, in worship that touches your soul, and in choosing to trust when circumstances scream otherwise. Your inner world is where miracles begin, where hope is born, and where God's character is formed within you.

Reflection Question: How intentionally are you nurturing your inner spiritual life, and what distractions might be robbing you of this vital connection with God?

Action Step: Create a sacred space in your home for daily quiet time. Commit to spending 15 minutes there each morning this week, focusing solely on God's presence.

Quote: *"The cave you fear to enter holds the treasure you seek."* - Joseph Campbell (often referenced by pastors about entering God's presence)

Day 3: Living in God's Fullness

Reading: Colossians 2:6-10

You lack nothing! In a world that constantly whispers "you need more," God thunders "you ARE complete!" In Christ, you have access to infinite wisdom, boundless love, unshakeable peace, and supernatural joy. The fullness of God isn't something you're working toward—it's something you're living FROM.

This fullness isn't about having all your earthly desires met; it's about recognizing that in Christ, every spiritual need is already satisfied. You don't need to prove your worth, earn love, or strive for acceptance. You're already chosen, beloved, and equipped for every good work God has prepared for you.

Reflection Question: Where are you seeking fulfillment outside of Christ, and how might recognizing your completeness in Him change your pursuit of these things?

Action Step: Make a list of what you have in Christ (forgiveness, peace, purpose, etc.). Read this list aloud as a declaration of your spiritual wealth.

Inspirational Quote: *"You are not an accident. You are not a mistake. You are not a problem to be solved but a mystery to be enjoyed."* - Rachel Held Evans

Day 4: Extending God's Love to Others

Reading: 1 John 4:7-12

Love is not just something you do—it's something you ARE! Because God's love has taken root in your heart, you have become a conduit of His infinite love to a world desperately thirsty for authentic connection. Every person you encounter today is an opportunity to demonstrate the width, length, height, and depth of God's love.

When you love others, you're not drawing from your limited human capacity; you're channeling the unlimited love of God Himself. This means you can love the unlovable, forgive the unforgivable, and show grace to the ungracious—because His love flowing through you makes the impossible possible.

Reflection Question: Who in your life seems difficult to love, and how might seeing them through God's eyes of love transform your relationship with them?

Action Step: Choose someone who challenges you to love well. Perform one specific act of kindness for them this week, praying for God's love to flow through you.

Quote: *"We are not cisterns made for hoarding; we are channels made for sharing."* - Billy Graham

Day 5: God's Power at Work in Us

Reading: Ephesians 3:20-21

The same power that split the Red Sea, raised Lazarus from the dead, and conquered the grave is ALIVE and ACTIVE within you right now! Paul's doxology isn't just beautiful poetry—it's a declaration of the limitless potential that God has placed within your ordinary life. You serve a God who specializes in doing the impossible through surrendered hearts.

Your biggest dreams pale in comparison to what God wants to accomplish through you. Your greatest limitations become launching pads for His glory. Stop thinking small! God is inviting you to partner with Him in kingdom work that will echo through eternity. The only question is: will you dare to believe and step into His immeasurable power?

Reflection Question: What "impossible" thing is God calling you to believe Him for, and what would it look like to trust His power rather than your own limitations?

Action Step: Identify one area where you've been playing it safe. Take one bold step this week that requires you to depend on God's power rather than your own strength.

Quote: *"God is not looking for extraordinary characters as His instruments, but He is looking for humble instruments through whom He can be honored throughout the ages."* - A.W. Tozer