

SMALL GROUPS

Leader Conversation Guide -How to Understand Spiritual Warfare

Main Idea:

Spiritual warfare is not just a concept found in Scripture—it is a real and active battle in the life of every believer. This message reveals the truth about the devil, the power we have through Christ, and how we are called to engage the enemy not in fear, but in faith, using the weapons God has given us.

Make It Practical:

- **There is a real battle happening.**
 - Our fight isn't with people—it's spiritual (Ephesians 6).
 - We must put on the full armor of God daily.
- **Strongholds are mental battles.**
 - A stronghold is a lie we've believed that becomes a barrier to freedom.
 - Spiritual warfare is replacing lies with truth (2 Corinthians 10).
- **You have real weapons:**
 - The **Name of Jesus** — Demons flee at His name (Luke 10).
 - The **Blood of Jesus** — Secures our victory (Revelation 12).
 - The **Word of God** — Our sword of truth (Ephesians 6).

- **Symptoms of strongholds:**

- Steals your focus.
- Makes you feel controlled.
- Consumes emotional energy.
- Distracts you from purpose.
- Robs the life God intended for you.

- **Three Daily Applications:**

- Commit yourself to God—stay under His covering (James 4).
- Close open doors—identify any areas giving the enemy access (Ephesians 4).
- Confront the enemy through prayer—spiritual alertness matters (1 Peter 5).

Talk About It:

1. What stood out to you most from the message on spiritual warfare?
2. Have you ever felt like you were in a spiritual battle? What did it look like?
3. Why is it important to remember that our fight isn't against people?
4. Which weapon—Jesus' name, His blood, or the Word—do you use most often? Which one do you neglect?
5. How have lies or strongholds impacted your life or thinking?
6. What “open doors” do you think the enemy might be using in people's lives today?
7. What's one action step you can take this week to commit to God, close a door, or confront the enemy?

Prayer:

Father, thank You for opening our eyes to the spiritual battle around us. Help us to stand firm, not in fear, but in faith. Expose every lie we've believed and replace it with Your truth. Teach us to use the weapons You've given us. We take our stand today in the Name of Jesus. Amen.

Leader Tips:

- Keep the focus on **truth over fear**. Spiritual warfare can feel heavy—remind the group of the victory we have in Christ.
- Encourage vulnerability but protect confidentiality.
- Allow Scripture to shape the discussion—read key passages aloud if needed.
- Invite someone to share a testimony of overcoming a stronghold or seeing victory in a spiritual battle.
- End with prayer and declare freedom and boldness in Jesus' name.