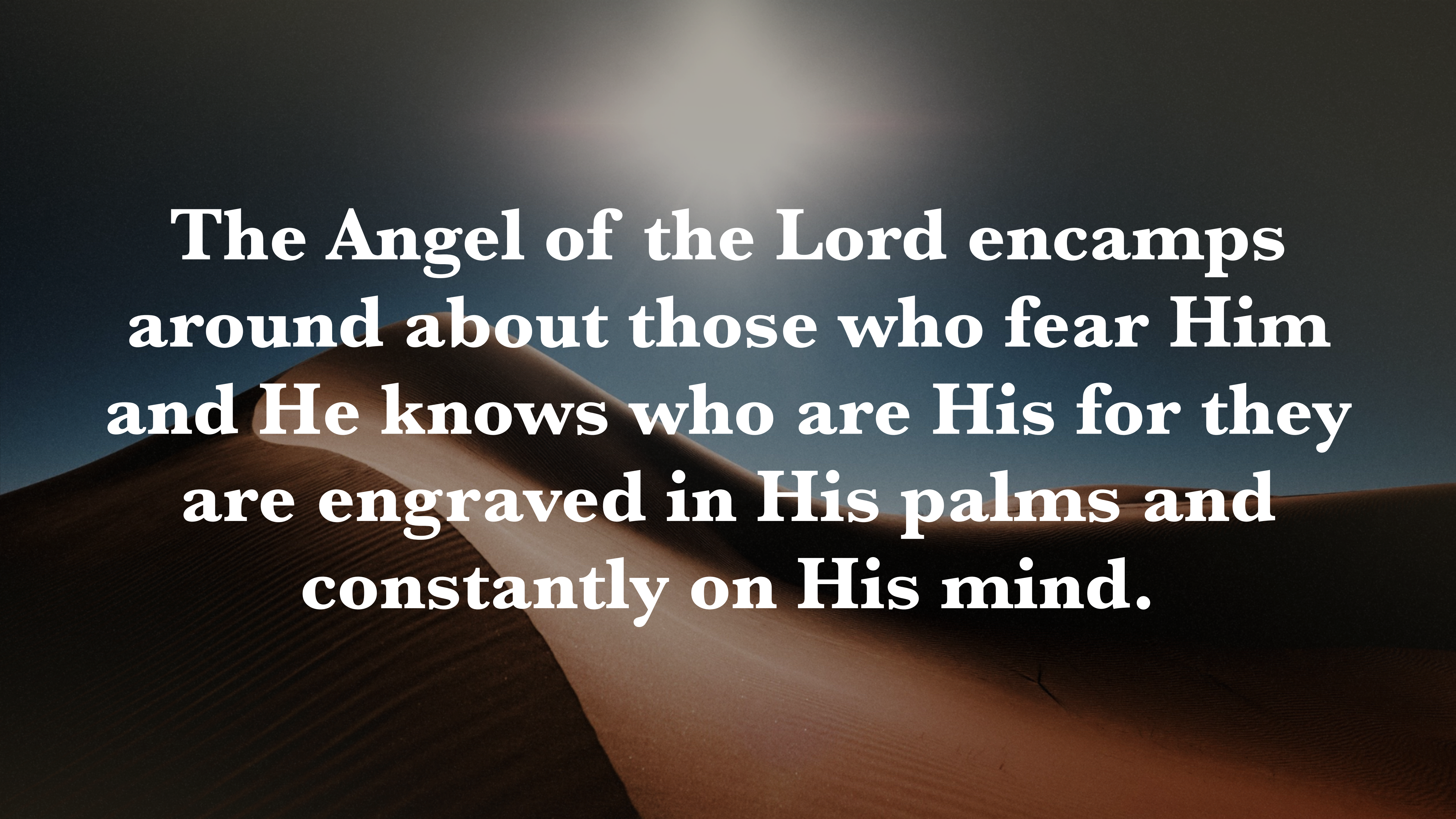
A photograph of a desert landscape featuring rolling sand dunes. The sun is high in the sky, creating a bright glow and casting long shadows across the dunes. The sky is a clear, deep blue. The text is overlaid on the center of the image.

GIVE US THIS DAY
OUR DAILY BREAD
EXODUS 16

A photograph of a desert landscape featuring rolling sand dunes. The sky is a clear, bright blue, and the sun is visible as a bright, hazy glow in the upper center. The dunes are in the foreground and middle ground, with their ridges and valleys creating a sense of depth. The overall tone is warm and serene.

**Deliverance gets us out of Egypt,
but discipleship gets Egypt out of us.**

The background of the image is a photograph of a desert landscape. It features rolling sand dunes in shades of brown and tan, with a clear blue sky above. The lighting suggests a bright, sunny day. The text is overlaid on this background in a bold, white, serif font.

**The Angel of the Lord encamps
around about those who fear Him
and He knows who are His for they
are engraved in His palms and
constantly on His mind.**

The background of the image shows rolling sand dunes in a desert, with a bright, hazy sky above. The dunes are in the foreground and middle ground, creating a sense of depth. The sky is a pale, bright blue/white, suggesting a clear day with some atmospheric haze or a bright sun. The overall tone is warm and serene.

They are content and completely satisfied having been bought with such a great price of blood redemption!

¹ They set out from Elim, and all the congregation of the people of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. ² And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, ³ and the people of Israel said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.” ⁴ Then the LORD said to Moses, “Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day’s portion every day, that I may test them, whether they will walk in my law or not.

Exodus 16

⁵ On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.” ⁶ So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the LORD who brought you out of the land of Egypt, ⁷ and in the morning you shall see the glory of the LORD, because he has heard your grumbling against the LORD. For what are we, that you grumble against us?” ⁸ And Moses said, “When the LORD gives you in the evening meat to eat and in the morning bread to the full, because the LORD has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the LORD.”

Exodus 16

⁹ Then Moses said to Aaron, “Say to the whole congregation of the people of Israel, ‘Come near before the LORD, for he has heard your grumbling.’” ¹⁰ And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. ¹¹ And the LORD said to Moses, ¹² “I have heard the grumbling of the people of Israel. Say to them, ‘At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the LORD your God.’” ¹³ In the evening quail came up and covered the camp, and in the morning dew lay around the camp. ¹⁴ And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground.

Exodus 16

15 When the people of Israel saw it, they said to one another, “What is it?” For they did not know what it was. And Moses said to them, “It is the bread that the LORD has given you to eat. **16** This is what the LORD has commanded: ‘Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.’” **17** And the people of Israel did so. They gathered, some more, some less. **18** But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat. **19** And Moses said to them, “Let no one leave any of it over till the morning.”

Exodus 16

²⁰ But they did not listen to Moses. Some left part of it till the morning, and it bred worms and stank. And Moses was angry with them.

²¹ Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted. ²² On the sixth day they gathered twice as much bread, two omers each. And when all the leaders of the congregation came and told Moses, ²³ he said to them, “This is what the LORD has commanded: ‘Tomorrow is a day of solemn rest, a holy Sabbath to the LORD; bake what you will bake and boil what you will boil, and all that is left over lay aside to be kept till the morning.’”

²⁴ So they laid it aside till the morning, as Moses commanded them, and it did not stink, and there were no worms in it.

Exodus 16

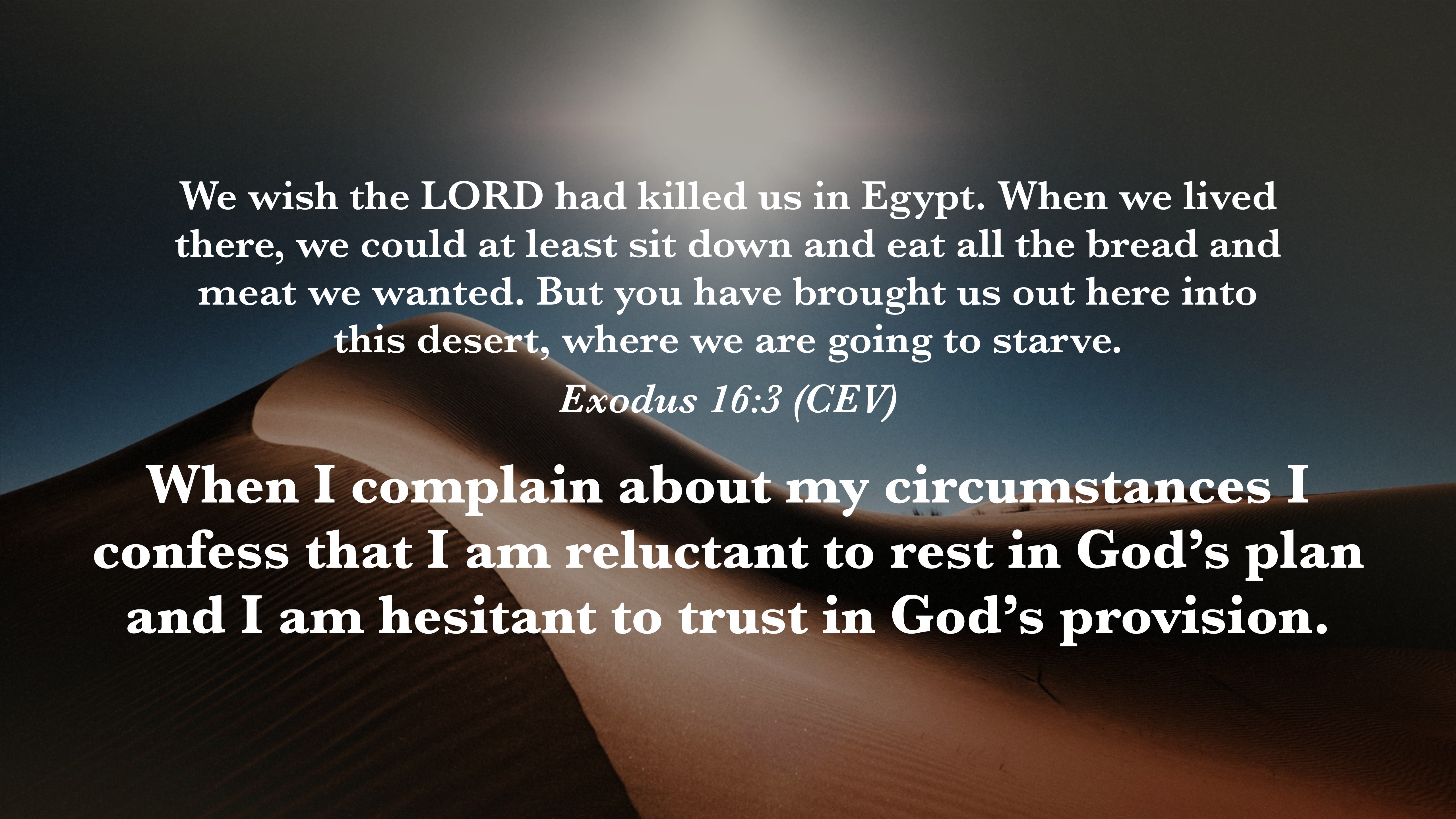
²⁵ Moses said, “Eat it today, for today is a Sabbath to the LORD; today you will not find it in the field. ²⁶ Six days you shall gather it, but on the seventh day, which is a Sabbath, there will be none.”

²⁷ On the seventh day some of the people went out to gather, but they found none. ²⁸ And the LORD said to Moses, “How long will you refuse to keep my commandments and my laws? ²⁹ See! The LORD has given you the Sabbath; therefore on the sixth day he gives you bread for two days. Remain each of you in his place; let no one go out of his place on the seventh day.”

Exodus 16

³⁰ So the people rested on the seventh day. ³¹ Now the house of Israel called its name manna. It was like coriander seed, white, and the taste of it was like wafers made with honey. ³² Moses said, “This is what the LORD has commanded: ‘Let an omer of it be kept throughout your generations, so that they may see the bread with which I fed you in the wilderness, when I brought you out of the land of Egypt.’” ³³ And Moses said to Aaron, “Take a jar, and put an omer of manna in it, and place it before the LORD to be kept throughout your generations.” ³⁴ As the LORD commanded Moses, so Aaron placed it before the testimony to be kept. ³⁵ The people of Israel ate the manna forty years, till they came to a habitable land. They ate the manna till they came to the border of the land of Canaan. ³⁶ (An omer is the tenth part of an ephah.)

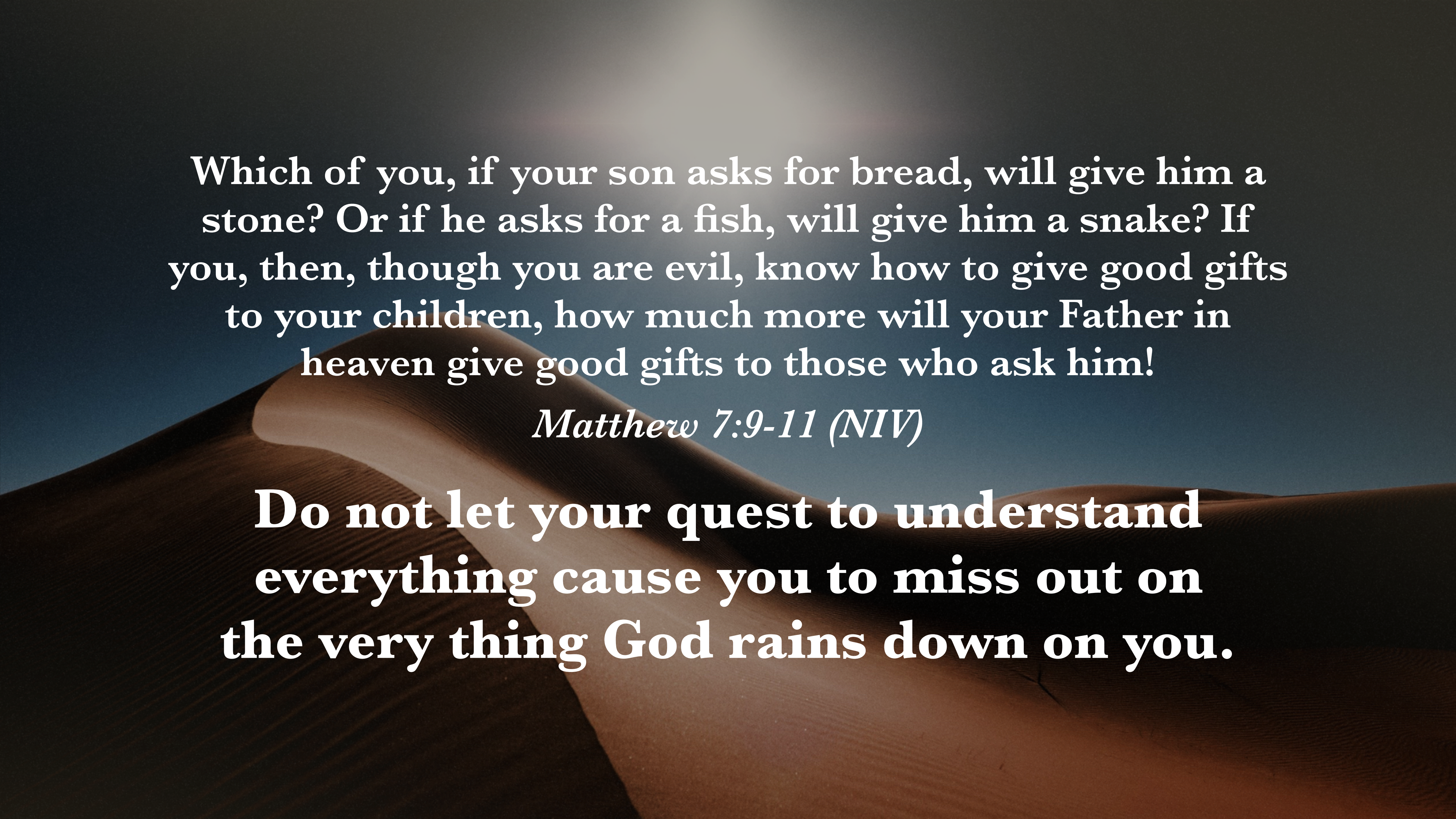
Exodus 16

A photograph of a desert landscape with rolling sand dunes under a clear blue sky. The dunes are in the foreground and middle ground, with some small plants visible in the distance. The text is overlaid on the image.

We wish the LORD had killed us in Egypt. When we lived there, we could at least sit down and eat all the bread and meat we wanted. But you have brought us out here into this desert, where we are going to starve.

Exodus 16:3 (CEV)

When I complain about my circumstances I confess that I am reluctant to rest in God's plan and I am hesitant to trust in God's provision.



Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

Matthew 7:9-11 (NIV)

Do not let your quest to understand everything cause you to miss out on the very thing God rains down on you.

17 So the people of Israel did as they were told. Some gathered a lot, some only a little. **18** But when they measured it out, everyone had just enough. Those who gathered a lot had nothing left over, and those who gathered only a little had enough. **19** Then Moses told them, “Do not keep any of it until morning.” **20** But some of them didn’t listen and kept some of it until morning. But by then it was full of maggots and had a terrible smell. Moses was very angry with them.

Exodus 16:17-20 (NLT)

Scarcity Mindset

a pattern of thinking that focuses on what you don't have and the underlying belief that you're not ever going to have the things that you want

Put some manna in a jar and store it in the place of worship for future generations to see.

Exodus 16:33 (CEV)

God sees you. God knows you. God loves you.

A photograph of a desert landscape featuring rolling sand dunes. The dunes are illuminated by a bright sun, creating a strong lens flare effect in the upper center of the frame. The sky is a clear, deep blue. The overall mood is serene and contemplative.

Facing A Deeper Truth

²⁵ When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” ²⁶ Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.” ²⁸ Then they said to him, “What must we do, to be doing the works of God?” ²⁹ Jesus answered them, “This is the work of God, that you believe in him whom he has sent.”

John 6:25-51

³⁰ So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform? ³¹ Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” ³² Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. ³³ For the bread of God is he who comes down from heaven and gives life to the world.”

³⁴ They said to him, “Sir, give us this bread always.”

John 6:25-51

³⁵ Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

³⁶ But I said to you that you have seen me and yet do not believe.

³⁷ All that the Father gives me will come to me, and whoever comes to me I will never cast out. ³⁸ For I have come down from heaven, not to do my own will but the will of him who sent me. ³⁹ And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. ⁴⁰ For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day.”

John 6:25-51

⁴¹ So the Jews grumbled about him, because he said, “I am the bread that came down from heaven.” ⁴² They said, “Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, ‘I have come down from heaven’?” ⁴³ Jesus answered them, “Do not grumble among yourselves. ⁴⁴ No one can come to me unless the Father who sent me draws him. And I will raise him up on the last day.

John 6:25-51

⁴⁵ It is written in the Prophets, ‘And they will all be taught by God.’ Everyone who has heard and learned from the Father comes to me— ⁴⁶ not that anyone has seen the Father except he who is from God; he has seen the Father. ⁴⁷ Truly, truly, I say to you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.’”

John 6:25-51

A photograph of a desert landscape featuring rolling sand dunes. The dunes are illuminated by a bright sun, creating a strong lens flare effect in the upper center of the frame. The sky is a clear, pale blue. The sand dunes in the foreground show fine, rhythmic ripples. The overall scene is serene and vast.

If you are bewildered...believe.

If you are confounded...come.

If you are hungry...eat.