

The Beginning of God's Story

Cain and Abel



Hear It: Genesis 4

Adam and Eve had two sons. The oldest was named Cain, and the youngest was named Abel. Abel became a shepherd and raised sheep, and Cain became a farmer and gardener and grew fruits and vegetables. Cain and Abel both brought offerings to God. Abel brought the best of his sheep to give to God, but Cain only brought small portions to God. God accepted Abel's offering because he gave to God out of Love. God rejected Cain's offering because Cain gave to God half-heartedly. This made Cain very angry.

Hear It: Genesis 4

God told Cain that his anger was silly- all he needed to do is chose what is right and follow God and he would be accepted! God warned Cain that if he stayed angry and continued to ignore God, sin would follow. Cain ignored God's words to him and became more and more angry at God and his brother Abel. One day Cain tricked his brother Abel into going to a deserted field with him. While they were alone, he picked up a stone and killed his brother! When the Lord asked Cain about it he lied to God. God cursed Cain to walk the earth alone, far from others and far from God.



Cain and Abel

- Adam and Eve had two sons Cain and Abel.
- They both offered sacrifices to God – Abel offered sheep and Cain offered fruit and vegetables.
- Abel's sacrifice was accepted because he gave to God out of love, obedience, and joy.
- Cain's sacrifice was rejected because he gave to God because he felt like he had to which made him annoyed, angry, and grumpy.
- This made Cain very angry, but instead of changing his heart and his actions he blamed Abel and killed Abel!
- Because he killed his brother, Cain was cursed to walk far from others and far from God.

IF YOU DO WHAT IS **RIGHT**,
WILL YOU NOT BE ACCEPTED?
BUT IF YOU DO NOT DO WHAT IS RIGHT,
SIN IS CROUCHING AT YOUR DOOR;
IT DESIRES TO HAVE YOU,
BUT YOU MUST
MASTER IT.

GENESIS 4:7

Reflection Questions

- What was the name of Adam and Eve's sons? **Cain and Abel**
- What did Cain offer God? **Fruits and Vegetables**
- What did Abel offer God? **Sheep**
- Why did God accept Abel's offering but Reject Abel's offering?
Abel gave because he loved God. Cain gave because he felt like he had to.
- What did Cain do to his brother? **He killed him.**
- How did God curse Cain? **He had to walk the Earth far from God and other people.**

Challenge Question: How can you love God this week?