



The Resurrection

Hear It: Matthew 28:1-9

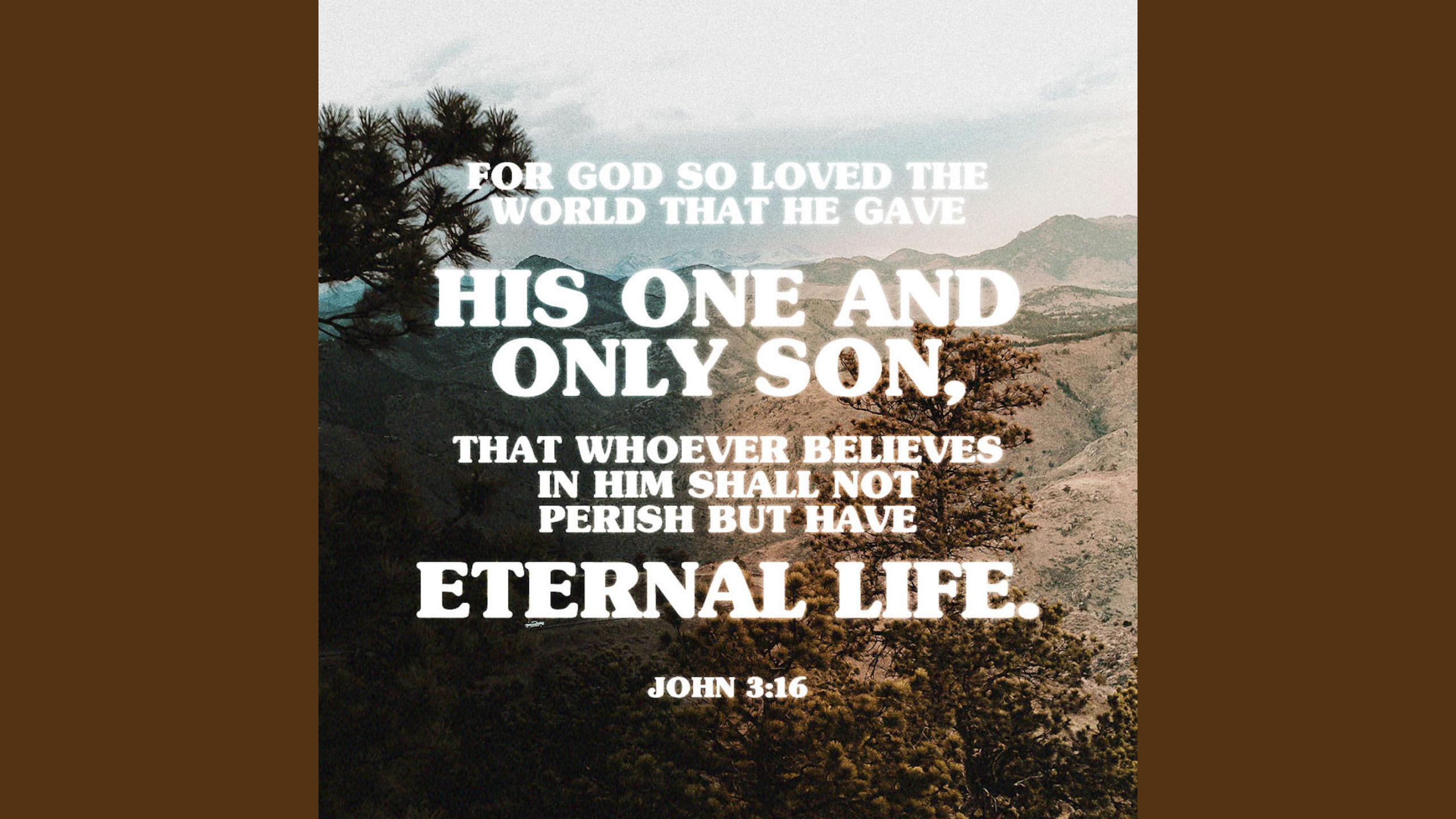
After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary came to look at the tomb. Look, there was a great earthquake, for an angel from the Lord came down from heaven. Coming to the stone, he rolled it away and sat on it. Now his face was like lightning and his clothes as white as snow. The guards were so terrified of him that they shook with fear and became like dead men.

But the angel said to the women, "Don't be afraid. I know that you are looking for Jesus who was crucified. He isn't here, because he's been raised from the dead, just as he said. Come, see the place where they laid him. Now hurry, go and tell his disciples, 'He's been raised from the dead. He's going on ahead of you to Galilee. You will see him there.' I've given the message to you." With great fear and excitement, they hurried away from the tomb and ran to tell his disciples. But Jesus met them and greeted them. They came and grabbed his feet and worshipped him.



The Resurrection

- **Jesus was killed on the cross, separated from God the Father, and buried in the ground for three days.**
- **However, on the third day it was discovered that the grave was empty! Jesus appeared to His followers, proving that His body wasn't stolen but He had defeated death!**
- **Because Jesus defeated death, we know that He is who He claimed to be: the Son of God.**
- **Because Jesus defeated death, we know that he has the power over life and death in our life as well.**



**FOR GOD SO LOVED THE
WORLD THAT HE GAVE
HIS ONE AND
ONLY SON,
THAT WHOEVER BELIEVES
IN HIM SHALL NOT
PERISH BUT HAVE
ETERNAL LIFE.**

JOHN 3:16

Reflection Questions

- How long was Jesus buried in the ground?
Three days.
- What happened when they found the grave empty?
Jesus appeared to many people, proving that He was alive.
- What did Jesus prove by rising from the grave?
He proved that He is God!
- What does Israel mean?
It means “someone who struggles with God.”

Challenge Question: Do you believe in Jesus?