




TEACHINGS FROM THE NEW TESTAMENT

“What God wants for you...”



**1 THESSALONIANS
5:16-18**



**Always be joyful.
Never stop praying.
Give thanks
whatever happens.
That is what God
wants for you in
Christ Jesus.**



What does this Scripture mean?

- 1. God the Father wants us to live our life in a way that points other people towards Jesus AND gives us the best kind of life here on Earth!**
- 2. First, we are to be joyful, which means filled with the joy of the Lord, at all times.**
- 3. Secondly, we are to pray without stopping.**
- 4. Finally, we are to give thanks no matter what life brings our way!**

Remember: Jesus came not only to save us from Hell to Heaven, but to give us new life here on Earth!



How To Follow Jesus Well

When something happens that makes us sad, remember that God is with you and choose Joy over sadness!

Don't just pray before bed and meals – pray whenever you have something to say to God!

Even when difficult things happen, thank God for giving you life, love, and salvation!



CROSS CONNECTION

When Jesus died on the cross, He put to death our sins. He also put to death our sadness, our separation from The Father, and our hopelessness. That's why when we are one with Jesus, we are to live like it!

Reflection Questions

1. What is the first way we are to live our life?
Always be joyful!

2. What is the second way we are to live our life?
Never stop praying!

3. What is the third way we are to live our life?
Give thanks no matter what happens!

Challenge Question: How will you live out your life this week?