# 2 Timothy: A Life Well Lived



## **2 Timothy 1:3-7**

# No Fear



[3] I thank God whom I serve, as did my ancestors, with a clear conscience, as I remember you constantly in my prayers night and day. [4] As I remember your tears, I long to see you, that I may be filled with joy. [5] I am reminded of your sincere faith, a faith that dwelt first in your grandmother Lois and your mother Eunice and now, I am sure, dwells in you as well. [6] For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands, [7] for God gave us a spirit not of fear but of power and love and selfcontro



#### What Was Paul's Identity

- "I Thank God whom I serve" At the end of the line, Paul still defines himself
- "As did my ancestors" Paul reminds us that our true "ancestors" are those who have believed before us.
- *"With a clear conscience"* Paul had been true to the gospel and his calling. He wasn't sinless, but he was faithful.





#### How do you choose to define who you are?

### What Was Paul's Joy

- "I Long to see you" Paul's love for Timothy was a simple, uncomplicated love that those who pray for you have for you.
- "I am reminded of your sincere faith" - Despite Timothy's failures and weaknesses, Paul believed in Timothy's faith, and he believed in Timothy.





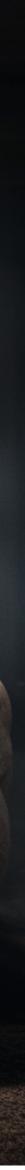
### Who in your life believes in your faith?

### What Is Our Power

- "Fan into flame the gift of God" The Power God gives those who follow Him is to be practiced lest we lose it. While we can never lose our salvation, we can lose Gods gifts.
- "God gave us a spirit not of fear" We, like Timothy, can sometimes become afraid. Paul lived without fear because God was with him always. God promises to always be with those who follow Him.
- "But of Power and love and Self-Control"

   Instead of Fear, we are promised
   Power over sin, Love that overflows, and
   Self-Control to become stronger.





Do you live in fear of your failure, or do you choose to live in the power, love, and self-control of the **Spirit?** 



### **How Shall We Live?**

 We Choose the Spirit by practicing the things we are taught - we can't grow if we don't do.

 We Put Aside Fear by bringing your successes and failures to God in prayer, believing that he takes both and works.





Fearless promises a life shaped by faith over fear for any who decide to follow him.