




The
SHELTER
student ministries



MATTHEW 5-7

LIVING THE
NEW LIFE

A close-up, dark, and dramatic photograph of a bear's mouth. The bear's mouth is wide open, showing its sharp, white teeth and claws. The lighting is low, highlighting the texture of the bear's fur and the sharp edges of its teeth. The background is black, making the bear's features stand out.

2.6.19

Rage

Matthew 5:21-26

Anger and Rage

Anger

Unintended
momentary
annoyance or
frustration

Rage

Constant and
strong feelings of
anger, contempt,
and hatred.

Matthew
5:21-22

21 “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ 22 But I say to you that everyone who is angry with his brother^[c] will be liable to judgment; whoever insults^[d] his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell^[e] of fire.

The Building of Rage

Anger: When we carry around rage because we feel our pride is wounded, it poisons our joy and harms our relationships.

Contempt: When we insult, exclude, and put down others, we do them lasting harm.

“You Fool”: Our relationship with God is damaged to the point of *murder* when we hate someone.

Application

Rage is the result of a wounded pride and will always grow

Matthew
5:23-24

23 So if you are offering your gift at the altar and there remember that your brother has something against you, 24 leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.

The Soul of Rage

1. The Source of our Rage is often an idol in our life.
2. When we hold onto rage and conflict, we cannot worship.



Matthew
5:25-26

²⁵ Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. ²⁶ Truly, I say to you, you will never get out until you have paid the last penny.



Making Rage Right

1. Our rage always has negative consequences.
2. It is better for everyone when we try to make things right.
3. If we don't make an attempt, the outcome will be a lot worse.

The Kingdom of Heaven Heart

The Kingdom of Heaven Heart is a heart that lets go of our prideful rage and instead seeks to **forgive, make things right, and worship with a clean heart.**

Cross Connection

Jesus had a
heart of
kindness on
the cross.

