



COUCH TALKS

WHAT'S THE POINT OF TECHNOLOGY

Technology is a tool with one purpose; increase output while decreasing input.

Put simply; Technology is a tool that's supposed to make things easier, more effective, and better for those who use it.

Technology is neither good nor bad; it's a tool that's neutral.



The World

Whatever gives you physical/emotional/mental pleasure in the present.

The Gospel

Matthew 11:28-30 Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

WHAT IS GOOD?



TECHNOLOGY AND THE WORLD

- The World uses Technology to gain dominance and advantage over others.
- The World uses Technology to separate the haves from the have-nots.
- The World uses Technology to compensate for lack of character and lack of moral compass.
- The World uses Technology to distract itself from it's brokenness with God.



EVALUATING SOCIAL MEDIA: TECHNOLOGY THAT DOESN'T WORK

- Social Media is the first major piece of technology in human history that does the opposite of what tech is supposed to do-the more you put in, the less you get out.
- It's been the single-largest driver in modern depression, suicide, anxiety, and bodyimage issues. These things are built into the algorithm to boost engagement.
- Both sides of the equation-poster and viewer-are drawn into increasingly inauthentic displays of what life is/should be.
- Be very careful with how much time, attention, and energy you're pouring into Social Media. Honestly evaluate whether it's been something that draws you closer to or pulls you further away from Jesus

TECHNOLOGY AND JESUS

- We're to honor God with how we use technology. (1 Corinthians 10:31)
- Technology should be used to bring us closer to Christ. (1 Peter 1:15-16)
- Don't use technology for Evil.
 (Ephesians 5:11)
- If an aspect of technology causes you to sin, get rid of it. (Mark 9:27)



PRACTICAL WAYS TO USE TECHNOLOGY TO DRAW CLOSER TO GOD

- Download one.
- Social Media: Choose to both follow pages that encourage you and be a page that encourages others. Seek to lessen your own image and increase Gods.
- have to do is look.
- The Internet: You have access to nearly infinite sermons, biblical teachings, and have to go without.

• Your Phone/Computer: Bible study has never, ever been easier than it is right now. You have access to numerous bible apps with countless bible study/bible reading plans.

• Streaming: What we listen to deeply impacts us. Good christian music is out there, all you

theological instructions online. It's not all good (I'll help you find good stuff) but you never

LAST THOUGHT

EVERYTHING CAN BRING US CLOSER TO OR SEPARATE US FROM JESUS. WE DECIDE WHICH DIRECTION WE GO.

