

¹Blessed is the man
who walks not in the counsel of the wicked,
nor stands in the way of sinners,
nor sits in the seat of scoffers;
²but his delight is in the law of the LORD,
and on his law he meditates day and night.

³He is like a tree
planted by streams of water
that yields its fruit in its season,
and its leaf does not wither.
In all that he does, he prospers.

⁴The wicked are not so,
but are like chaff that the wind drives away.

⁵Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;
⁶for the LORD knows the way of the righteous,
but the way of the wicked will perish."

Sermon Discussion Questions

Getting Started:

1. What was most challenging, helpful, or troubling in the sermon?

Digging Deeper:

1. See Psalm 19:1-14 and the following meditation tools. How do you see some of these methods utilized by the psalmist?
 - a. Emphasize/contrast words in text.
 - b. Phrase verse in your own words.
 - c. What Principle is the text teaching?
 - d. Think of an illustration based on text.
 - e. Are there any applications or ways it is asking me to respond?
 - f. How does the text point to the Law or the Gospel? Is there anything I find offensive or liberating?
 - g. How does this text point to something about Jesus?
 - h. What questions are or are not answered by the text.
 - i. Pray through the words of the text.
 - j. Memorize the text.
 - k. Create an artistic expression of the text.
 - l. Is there a common thread with the text and rest of scripture?
 - m. How does the text speak to/explain your current issue or a particular situation in the world/life?
2. "I love AI. It answers all my Bible questions for me." What wisdom would Paul give from Phil 4:4-8.
 - a. What does the desire to depend on AI or google for Bible/theology questions reveal about your heart? Think specific: convenience, consumption, insecurity, gratification.
3. "How is Christian meditation different than other religion's?" How would you respond? See Phil 4:4-8; Psalm 119:25-32.
4. Reflect: "What is wrong, and heartbreakingly foolish and wonderfully avoidable, is to live a life with more craziness [busyness] than we want because we have less Jesus than we need." How does your 'busyness' clash with your ability to meditate?

Empowered by the Holy Spirit:

5. Pray. Where and how does life feel 'busy'?
 - a. Meditate on Matt 6:9-13.