

COMMUNITY GROUP DISCUSSION GUIDE

Week of 9/13/26

Opener (10 minutes or less)

If you were forced to join a reality TV competition show (e.g., *Survivor*, *The Great British Baking Show*, *The Amazing Race*), which one would you actually have the best chance of surviving?

DISCUSSION (50 minutes or less)

Begin your discussion time in prayer.

Scripture Reading: Philippians 3:12-21

Questions:

1. Paul describes his faith journey using athletic language—"straining forward" and "pressing on" toward a goal. Why are athletics a good analogy for making spiritual progress?
 2. Part of moving forward involves "forgetting what lies behind." In a practical sense, what makes past mistakes, regrets, or even past spiritual successes so hard to leave behind?
 3. What is an area of your faith walk where you recently realized you still have room to learn or mature?
 4. Who is someone in your life (past or present) whose day-to-day faith you admire, and what specific trait or habit of theirs do you want to imitate?
 5. How does holding a "heavenly passport" change how you view your everyday anxieties, ambitions, or modern culture?
 6. The passage ends with the promise that Christ will transform us and make all things subject to Himself. When life feels overwhelming or messy, how does keeping this ultimate transformation in mind practically change your perspective?
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PERSONAL (30 minutes or less)

1. Oikos - the 8 to 15 people God supernaturally and strategically places in your life. Any oikos moments you would like to share..
2. What is going on in your life (note prayer requests and praise reports)
3. Pray

Philippians 3:12-21

12 Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. **13** Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, **14** I press on toward the goal for the prize of the upward call of God in Christ Jesus. **15** Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. **16** Only let us hold true to what we have attained.

17 Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. **18** For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. **19** Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. **20** But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, **21** who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.