

COMMUNITY GROUP DISCUSSION GUIDE

Week of 9/20/26

Opener (10 minutes or less)

Would you rather get free fast food for life, or get the healthiest, most delicious chef-made food, but it takes 50% of your net income every month?

DISCUSSION (50 minutes or less)

Begin your discussion time in prayer.

Scripture Reading: Philippians 4:1-7

Questions:

1. What does standing firm in the Lord look like?
 2. Paul directly calls out Euodia and Syntyche to agree in the Lord, asking others to help them. Why do you think relational conflict can so easily derail a church or group, and what does healthy, gospel-centered peacemaking look like in practice?
 3. What does it mean for your "gentleness (other translations say: reasonableness, or forbearance) to be known to everyone"? How do we get this right and how do we get it wrong?
 4. Paul instructs us not to be anxious about anything, but instead to pray with thanksgiving. When you feel anxiety creeping in, what makes it challenging to turn those worries into prayers of gratitude?
 5. Paul promises that God's peace "guards your hearts and minds" in ways that surpass human understanding. Have you ever experienced a sense of God's peace during a situation where it made no logical sense? What was that like?
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PERSONAL (30 minutes or less)

1. Oikos - the 8 to 15 people God supernaturally and strategically places in your life. Any oikos moments you would like to share..
2. What is going on in your life (note prayer requests and praise reports)
3. Pray

Philippians 4:1-7

Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.

²I entreat Euodia and I entreat Syntyche to agree in the Lord. ³Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

⁴Rejoice in the Lord always; again I will say, rejoice. ⁵Let your reasonableness be known to everyone. The Lord is at hand; ⁶do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.