



WESTMARK  
CHURCH

## Group Guide

Week of 6/8/25

**Prayer Guide:** This week, try passing the sheet around and using these prompts for everyone to pray. If you'd like to read it verbatim, great! If you'd like to use the content to launch into your own, that's great too. Praying together is powerful!

1. Father, teach me to find meaning not in justice I can see but in the justice You promise.
2. God, rescue me from living for envy and teach me to work with contentment.
3. Heavenly Father reveal to me where I am chasing the wind, thinking it has meaning.
4. YHWH, give me a reverent heart that fears You rightly and worships You truly.
5. Father, when I ache for justice, remind me that You see, know, and will make it right.
6. God, expose the falsehood in my heart and give me the courage to confess it.
7. Heavenly Father, give me deeper understanding of how you are dangerous to the wicked and comforting to the godly.
8. Lord, forgive me for the times I've made empty vows and not followed through.
9. God, refresh me when I'm weary from a world that doesn't seem fair.
10. Lord, help me to live honestly before You, not faking my faith.
11. God, help me to treasure community over comfort, and people over possessions.
12. Father, remind me that a little with peace is better than a lot with anxiety.
13. God, convict me when I try to perform spirituality instead of truly loving You.
14. Father, teach me to guard my steps when I come before You.
15. God, refresh me where my soul where it has grown dry, help me to restore what I've broken in my relationship with You and others.
16. Heavenly Father, help my distracted and prideful heart learn to fear and trust You in new ways.
17. YHWH, let my life be marked not by meaningless words, but by a deep walk with You.



**WESTMARK**  
CHURCH

### **Ice breakers**

1. What is a moment from the past week or two that made you smile?
2. What is a job you would be terrible at, and why?

### **Group Questions**

1. What is one injustice you've witnessed that still weighs on you, and how do you process it in light of Ecclesiastes 4:1-3?
2. What does "one handful with tranquility" look like in your real life right now?
3. Why do you think loneliness is so common even in a hyper-connected world?
4. What vows, promises, or spiritual commitments have you made to God that you've not kept?
5. What does it look like to "watch your step" in your daily walk with God?
6. When have you felt tempted to fake spirituality? What drove that?
7. How has your view of God's holiness shaped your understanding of grace?
8. What are some signs that someone (or you) are treating God casually instead of reverently?
9. In what ways does fearing God bring peace instead of anxiety?
10. What does repentance look like for you this week?
11. How would you explain the difference between a false faith and a living one?
12. When have you experienced the refreshing presence of God after a time of dryness?
13. What does "watching your mouth" before God practically look like in prayer or speech?
14. How can our church become more of a place where people are refreshed and restored in Jesus?
15. What's one way you feel called to move toward authentic faith today based on this teaching?