



LEADER GUIDE

THE MAIN POINT

We are to cultivate peace within the body by our thought and practice.

LEADER NOTES

Even though we will end group at 8:25, please feel free to continue your small group conversations out in the breeze-way.

KEY SCRIPTURES

8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. **9** What you have learned^[a] and received and heard and seen in me—practice these things, and the God of peace will be with you.

Philippians 4:8-9

High School Questions

Choose the ones that fit best for your group. Aim to spend the bulk of your time in the Get Spiritual and Get Practical sections.

GET TALKING: ICEBREAKERS

Did anyone have an opportunity to turn to God and experience His peace in the midst of an anxious thought this past week?

GET SPIRITUAL: DISCUSS THE TEXT

What was your biggest takeaway from the message tonight?

Read Philippians 4:8; and compare that list to the things you think about the most; Does what you give most thought to align with the list from Philippians 4:8?

What do you usually spend your time thinking about?

GET PRACTICAL: APPLY THE TEXT

What is one way you can keep your mind from wandering towards useless, empty, and dangerous pursuits?

What is one thing you learned from Philippians so far that you think God wants you to put into practice?

GET PRAYING: PRAY THE TEXT

Is there anything from this text you can thank God for?

Is there anything from this text you should ask God for?

Is there anything from this text you should confess to God?

Is there anything from this text you can praise God for?