

Bible Hour

Why Prayer Can Sometimes Be a Struggle

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David E. Garland

“Battles are won or lost on the field of prayer, but even prayer can be a battle.”

Hebrews 11:6

And without faith it is impossible (*unable, powerless*) to please Him, for he who comes to God must believe that He is and that He is a rewarder (*one who pays wages*) of those who seek (*search for*) Him.

R.C. Sproul

“Faith is not merely believing *in*
God; it’s *believing* God.”

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Discussion Questions

1. How does the flesh resist prayer even when the spirit is willing? (*see Galatians 5:17*)
2. In what ways does unbelief make prayer feel pointless or ineffective? (*see Hebrews 11:6*)
3. Why is prayer difficult when we are carrying unconfessed sin? (*see 1 John 2:1*)
4. How does spiritual warfare complicate or oppose our desire to pray? (*see Ephesians 6:12*)
5. Why do seasons of suffering or silence from God make prayer feel heavy or confusing? (*see Romans 8:18*)