

# Don't Lose Hope!

## A Time for Everything

Ecc 3:1-8

- (1) To everything *there is* a season, A time for every purpose under heaven:
- (2) A time to be born, And a time to die; A time to plant, And a time to pluck *what is* planted;
- (3) A time to kill, And a time to heal; A time to break down, And a time to build up;
- (4) A time to weep, And a time to laugh; A time to mourn, And a time to dance;
- (5) A time to cast away stones, And a time to gather stones; A time to embrace, And a time to refrain from embracing;
- (6) A time to gain, And a time to lose; A time to keep, And a time to throw away;
- (7) A time to tear, And a time to sew; A time to keep silence, And a time to speak;
- (8) A time to love, And a time to hate; A time of war, And a time of peace.

## Why are you cast down, O my soul?

Psa 42:1-11

(1) To the Chief Musician. A Contemplation of the Sons of Korah. As the deer pants for the water brooks, So pants my soul for You, O God.

(2) My soul thirsts for God, for the living God. When shall I come and appear before God?

(3) My tears have been my food day and night, While they continually say to me, "Where *is* your God?"

(4) When I remember these *things*, I pour out my soul within me. For I used to go with the multitude; I went with them to the house of God, With the voice of joy and praise, With a multitude that kept a pilgrim feast.

(5) Why are you cast down, O my soul? And *why* are you disquieted within me? Hope in God, for I shall yet praise Him *For* the help of His countenance.

(7) Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me.

(8) The LORD will command His lovingkindness in the daytime, And in the night His song *shall be* with me—A prayer to the God of my life.

(9) I will say to God my Rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?"

(10) *As* with a breaking of my bones, My enemies reproach me, While they say to me all day long, "Where *is* your God?"

(11) Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.

Psa 43:1-5

(1) Vindicate me, O God, And plead my cause against an ungodly nation; Oh, deliver me from the deceitful and unjust man!

(2) For You *are* the God of my strength; Why do You cast me off? Why do I go mourning because of the oppression of the enemy?

(3) Oh, send out Your light and Your truth! Let them lead me; Let them bring me to Your holy hill And to Your tabernacle.

(4) Then I will go to the altar of God, To God my exceeding joy; And on the harp I will praise You, O God, my God.

(5) Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.

Psa 16:8-9

- (8) I have set the LORD always before me; Because *He is* at my right hand I shall not be moved.
- (9) Therefore my heart is glad, and my glory rejoices; My flesh also will rest in hope.

Psa 31:24

- (24) Be of good courage, And He shall strengthen your heart, All you who hope in the LORD.

Psa 33:18-22

- (18) Behold, the eye of the LORD *is* on those who fear Him, On those who hope in His mercy,
- (19) To deliver their soul from death, And to keep them alive in famine.
- (20) Our soul waits for the LORD; He *is* our help and our shield.
- (21) For our heart shall rejoice in Him, Because we have trusted in His holy name.
- (22) Let Your mercy, O LORD, be upon us, Just as we hope in You.

Psa 38:15

- (15) For in You, O LORD, I hope; You will hear, O Lord my God.

Psa 1:1-3

(1) Blessed *is* the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful;

(2) But his delight *is* in the law of the LORD, And in His law he meditates day and night.

(3) He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

Jer 17:7-8

(7) "Blessed *is* the man who trusts in the LORD, And whose hope is the LORD.

(8) For he shall be like a tree planted by the waters, Which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit.

"I've got a river of life!"

Pro 13:12

(12) Hope deferred makes the heart sick, But *when* the desire comes, *it is* a tree of life.

Jer 18:11,12

(11) "Now therefore, speak to the men of Judah and to the inhabitants of Jerusalem, saying, 'Thus says the LORD: "Behold, I am fashioning a disaster and devising a plan against you. Return now every one from his evil way, and make your ways and your doings good." ' "

(12) And they said, "That is hopeless! So we will walk according to our own plans, and we will every one obey the dictates of his evil heart."

Jer 17:5-6

(5) Thus says the LORD: "Cursed is the man who trusts in man And makes flesh his strength, Whose heart departs from the LORD.

(6) For he shall be like a shrub in the desert, And shall not see when good comes, But shall inhabit the parched places in the wilderness, In a salt land which is not inhabited.

### Sometimes, things have to die...

Eze 37:11-14

- (11) Then He said to me, "Son of man, these bones are the whole house of Israel. They indeed say, 'Our bones are dry, our hope is lost, and we ourselves are cut off!'
- (12) Therefore prophesy and say to them, 'Thus says the Lord GOD: "Behold, O My people, I will open your graves and cause you to come up from your graves, and bring you into the land of Israel.
- (13) Then you shall know that I *am* the LORD, when I have opened your graves, O My people, and brought you up from your graves.
- (14) I will put My Spirit in you, and you shall live, and I will place you in your own land. Then you shall know that I, the LORD, have spoken *it* and performed *it*," says the LORD.' "

Rom 4:16-22

- (16) Therefore *it is* of faith that *it might be* according to grace, so that the promise might be sure to all the seed, not only to those who are of the law, but also to those who are of the faith of Abraham, who is the father of us all
- (17) (as it is written, "I HAVE MADE YOU A FATHER OF MANY NATIONS") in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did;
- (18) who, contrary to hope, in hope believed, so that he became the father of many nations, according to what was spoken, "SO SHALL YOUR DESCENDANTS BE."
- (19) And not being weak in faith, he did not consider his own body, already dead (since he was about a hundred years old), and the deadness of Sarah's womb.
- (20) He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God,
- (21) and being **fully convinced** that what He had promised He was also able to perform.
- (22) And therefore "IT WAS ACCOUNTED TO HIM FOR RIGHTEOUSNESS."

Rom 5:5

- (5) Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

Rom 8:24-27

- (24) For we were saved in this hope, but hope that is seen is not hope; for why does one still hope for what he sees?
- (25) But if we hope for what we do not see, we eagerly wait for *it* with perseverance.
- (26) Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.
- (27) Now He who searches the hearts knows what the mind of the Spirit *is*, because He makes intercession for the saints according to *the will of* God.

Rom 15:13

(13) Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

Joe\_3:16 The LORD also shall roar out of Zion, and utter his voice from Jerusalem; and the heavens and the earth shall shake: but the LORD *will be* the hope of his people, and the strength of the children of Israel.



Stand today if you...

Hope in the Lord!

Hope in His word!

Hope in God!

Hope in His mercy!

Hope in Him!

Hope in the Lord Jesus Christ!