



Crosspoint Church

AfterWords

Weekly Study: The Heart of a Champion- A Devoted Heart



Overview

This week's lesson explores how the state of our heart shapes the direction of our life. Spiritual victory doesn't happen by accident but is formed through steady consistency, clear focus, and unwavering faithfulness. A devoted heart keeps showing up, trusting, and worshiping, even when feelings fade.



Scripture

Paraphrased Proverbs 4:23 (NLT) "Guard your heart above all else, for it determines the course of your life." *Luke 16:10 (NLT)* "If you are faithful in little things, you will be faithful in large ones..."

Hebrews 12:1-2 (NLT) "...Let us run with endurance the race God has set before us... by keeping our eyes on Jesus, the champion who initiates and perfects our faith." *Psalms 57:7 (KJV)* "My heart is fixed, O God, my heart is fixed: I will sing and give praise."



Key Points

A Devoted Heart is a Faithful Heart

- **Faithfulness is proven in the small, unseen, uncelebrated places** where God trains champions or overcomers, long before the spotlight or recognition ever arrives
- **God watches how we steward what seems "little"** like our attitudes, relationships, resources, and daily obedience before He rewards us with greater responsibility, influence, and opportunities to carry His purpose.
- **Every quiet "yes" to God becomes a building block** for future victory and small disciplines prepare us for giant-sized/important moments

A Devoted Heart is a Focused Heart

- **Distraction is one of the enemy's most effective tools** because he doesn't need to destroy you if he can divide your attention and distract you from God
- **Focus strengthens devotion** when our eyes stay on Jesus, our steps become steady, our faith grows, and our purpose becomes clear
- **Simplifying your spiritual life** by choosing the "one thing" God is calling you to that creates space for deeper devotion with Him and greater endurance in your spiritual life

A Devoted Heart is a Fixed Heart

- **A fixed heart remains steady** and continues to worship when life is shaky and uncertain and when storms bring pressure and fear
- **Devotion doesn't wait for perfect conditions** but shows up in the “cave, the valley, or on the battlefield” of life
- **When your heart is fixed on God**, chaos may surround you, but it cannot control you; you stand on His promises instead of bending to pressure



Reflection



Where is God calling you to be faithful in the “small things” even if no one sees it?



What distractions pull your focus away from Jesus, and what steps can help you refocus?



In what area of your life do you need to declare, like David, “My heart is fixed, O God”?



Prayer

Lord, shape in me the heart of a true champion with a heart that is faithful, focused, and fixed on You. Strengthen me to show up when it's hard, to stay committed when I feel unseen, and to worship even when life feels heavy. Guard my heart, direct my steps, and deepen my devotion so that my life reflects Your glory. Make me steadfast in every season, and let my faithfulness honor You. Amen.

R e f l e c t . A p p l y . G r o w .