



Crosspoint Church

AfterWords

Weekly Study: Even If I Fall



Overview

This week's focus is the powerful truth declared in Micah 7:8, "*When I fall, I will arise.*" The message reminds us that falling is part of the human experience, but staying down is not our destiny. God has built grace, mercy, and restoration into the life of every believer. Your fall is never your finish, and your comeback is always possible because God Himself upholds you.



Scripture

Paraphrased Micah 7:8: "*When I fall, I will arise...*" **Romans 3:23:** "*All have sinned and fall short...*" **Romans 8:38:** "*Nothing... shall separate us from the love of God.*" **Proverbs 24:16:** "*A righteous man may fall seven times and rise again...*" **Lamentations 3:22–23:** "*His mercies... are new every morning.*" **Psalms 37:24:** "*Though he fall... the LORD upholds him.*" **Psalms 23:6:** "*Surely goodness and mercy shall follow me...*"



Key Points

The Reality of the Fall

- **Falling is universal.** Romans 3:23 reminds us that "*all have sinned and fall short of the glory of God.*" No believer is exempt from moments of weakness, missteps, or struggle.
- **Your fall is not your identity.** Micah 7:8 declares that even when we fall, we will rise. God never defines His children by their lowest moments but by His redeeming grace.

The Resolve to Rise

- **Rising is a choice rooted in faith.** Micah's words, "*I shall arise*" reflect a decision to stand again through God's strength. Rising up requires rejecting shame and choosing hope.
- **The righteous rise repeatedly.** Proverbs 24:16 teaches that "*a righteous man may fall seven times and rise again.*" Resilience is a mark of righteousness because God empowers every comeback.

The Reason for the Rise

- **We rise because God holds us.** Psalm 37 promises that though we fall, we are not cast down because "*the LORD upholds*" us and our strength to rise comes from His grip, not our own.

- **God's mercy renews our future.** Lamentations 3:22–23 assures us that His mercies are new every morning. Each new day carries fresh grace, proving that no fall can outmatch God's faithfulness.



Reflection



Where have you let a fall define you more than God's truth?



What step can you take today to "arise" in faith?



How have you recently experienced God's mercy lifting you?



Prayer

Father, thank You that even when I fall, You are still with me. Thank You for the hand that lifts me, the mercy that restores me, and the grace that strengthens me to rise again. Steady my heart to walk boldly, trust deeply, and stand firm in Your faithfulness. In Jesus' name I pray, Amen.

R e f l e c t . A p p l y . G r o w .