



Crosspoint Church

AfterWords

Weekly Study: **The Anchor Holds**



Overview

The storms of life are inevitable; they arrive unannounced, shaking the ground beneath us. Hebrews 6:19 reminds us that hope in Christ is an anchor for the soul and it is firm, secure, and unbreakable. When the winds rise and the waves crash, we are not called to hold everything together in our own strength; we are called to be anchored. This week, we reflect on the anchors God has given us: His Word that lights our path, His Presence that calms our fears, and His People who strengthen our faith.



Scripture

Hebrews 6:19 (WNT): “That hope we have as an anchor of the soul; an anchor that can neither break nor drag.” **Psalm 119:105 (NKJV):** “Your word is a lamp to my feet and a light to my path.” **Psalm 46:1 (NKJV):** “God is our refuge and strength, a very present help in trouble.” **Ecclesiastes 4:9–10 (NKJV):** “Two are better than one... for if one falls, the other can help him up.” **Luke 8:24 (NLT)** “The disciples went and woke him up, shouting, ‘Master, Master, we’re going to drown!’ When Jesus woke up, he rebuked the wind and the raging waves. Suddenly the storm stopped and all was calm.” **Psalm 92:13 (NKJV)** “Those who are planted in the house of the Lord shall flourish in the courts of our God.”



Key Points

Anchor in the Word

- **Light in the Darkness (Psalm 119:105):** God’s Word is like a lamp guiding our steps when life feels uncertain. Just as a flashlight cuts through the night, Scripture illuminates our path, helping us discern truth from lies and direction from confusion.
- **Steady When Everything Shifts** God’s Word secures us when fear, doubt, or loss threatens to sweep us away. It reminds us of His promises, giving us stability when our circumstances are unsure or we feel unstable.

Anchor in His Presence

- **Our Refuge and Strength (Psalm 46:1):** His presence is not distant or abstract, as it is immediate and personal. He is our shelter in chaos, our strength when we feel weak, and our peace when anxiety rises.

- **Jesus Calms Our Storms (Luke 8:24):** The disciples panicked in the storm, but Jesus spoke, and the winds obeyed the voice of its Creator. When He is near, fear must bow, and chaos must settle because His presence comforts and commands peace.
- **We are Never Alone (Isaiah 43:2)** No matter the waters we wade through or the fires we face, His presence surrounds us. He is the steady anchor that holds our hearts firm and keeps us from sinking into despair.

Anchor in His People

- **Designed to Connect (Ecclesiastes 4:9–10):** God never meant for us to face life's storms in isolation. Scripture reminds us that two are better than one, because when one falls, the other can help them up. The church is a family, a lifeline of encouragement and strength. Together, we carry one another's burdens, and remind each other that we are never alone.
- **Fellowship Strengthens Resilience (Psalm 92:12–13):** Being planted in the house of the Lord allows us to flourish. Just as coals burn brighter together, believers grow stronger when connected to the body of Christ.



Reflection



What anchors are you trusting or holding onto that keep drifting away?



How has God's Word or His Presence sustained you during a difficult season?



What steps can you take to stay rooted in fellowship and flourish in your spirituality?



Prayer

Lord, You are the anchor of my soul. When storms rise and fear presses in, I hold to Your word that never fails. When I feel alone, I remember You are with me, calming my heart and giving me peace. When I grow tired, I'm grateful for the people You place around me to lift and encourage me. Help keep me grounded in Your truth, steady in Your love, and strong in my faith. No matter how hard the winds blow, I trust that in You, my anchor will hold. Amen.

R e f l e c t . A p p l y . G r o w .