



Galatians 5:22-23

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November 14, 2021

*“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, **kindness**, goodness, faithfulness, **gentleness**, and **self-control**. There is no law against these things!”*

Galatians 5:22-23

KINDNESS

Definition: the quality of being friendly, generous, and considerate.

Col. 3:12

*“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, **kindness**, humility, gentleness and patience.”*

Eph 4:32

*“Be **kind** and compassionate to one another, forgiving each other, just as in Christ God forgave you.”*

2 Cor. 6:6

*“We prove ourselves by our purity, our understanding, our patience, our **kindness**, by the Holy Spirit within us, and by our sincere love.”*

Good Samaritan Luke 10:30-37

“In reply Jesus said: “A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. So too, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii and gave them to the innkeeper. ‘Look after him,’ he said, ‘and when I return, I will reimburse you for any extra expense you may have.’”

*“Which of these three do you think was a neighbor to the man who fell into the hands of robbers?”
The expert in the law replied, “The one who had mercy on him.”
Jesus told him, “Go and do likewise.”*

GENTLENESS

Definition: the quality of being kind, tender, or mild-mannered.

Matt. 11:28-30

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am **gentle** and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

Phil. 4:5-7

*“Let your **gentle spirit** be known to all people. The Lord is near. Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.”*

SELF-CONTROL

Definition: Is the ability to regulate one's emotions, thoughts, and behavior in the face of temptations and impulses.

2 Tim 1:7

“For the Spirit of God did not give us the spirit of fear, but of power, love and self-discipline.”

Matt 5:43-48 *“You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect.”*

Matt 6:14-15

“For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.”