

Ephesians 4:15:
Weigh Your Words



Thought Tattoo:

If Christ controls your life, then He should direct your lips.

Describe a time you have used your words to build-up and a time you have used your words to tear down.

Which type of communicator are you (hinter, hider, hoper, hurter, helper)? If married, does your spouse agree?

How do you balance being angry and not sinning?

I still



staying married and thriving

Ephesians 4:15:
Weigh Your Words



Word of the Week

Affirmation

What are some things you love about your spouse/closest friend?

Think about it...

Why is it important to realize that unfiltered truth can have unhealthy consequences?

Trivia of the week

Who is leading our Oneness Ministry?