



WORSHIP
IS

repentant

Psalm 32

John Goldingay's Translation

*The blessings of the one whose rebellion is carried,
whose offense is covered! The blessings of the person
for whom Yahweh does not count waywardness,
in whose spirit there is no deceit!*

- Psalm 32

³ When I was silent, my bones wasted away with my anguish all day long. Because day and night your hand was heavy on upon me; my strength was sapped [as] in the summer drought.

- Psalm 32

⁵ I acknowledged my offense to you; I did not cover my waywardness. I said, "I will confess my rebellions to Yahweh," and you yourself carried the waywardness of my offense.

- Psalm 32

⁶ Because of this everyone who is committed should plead with you at the time when he is found out. Yes, when many waters overwhelm, they will not reach him. You are a hiding place for me; you protect me from trouble, you surround me with shouts of rescue.

- Psalm 32

⁸ "I will instruct you, teach you in the way you should go; I will offer counsel – my eye is on you." Do not be like a horse, like a mule that has no sense, whose advance requires curbing with bit and bridle, or there is not coming near you. Many of the pains of the faithless, but the person who trusts in Yahweh – commitment surrounds him. Rejoice in Yahweh, celebrate, you faithful; shout, all you upright of mind.

- Psalm 32



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Repentance is more than just acknowledging, or confessing, that you have done something wrong. Repentance is turning away from sin and turning towards God, committing to act differently.

When I was silent, my bones wasted away with my anguish all day long. Because day and night your hand was heavy on upon me; my strength was sapped [as] in the summer drought.

- Psalm 32:3-4

When we don't repent,
we carry the weight of our sin.

For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed.

- John 3:20

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yourself carried the waywardness of my offense.*

- Psalm 32:1-2,5

“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

- Matthew 11:28-30

...for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.

- Matthew 26:28

...that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us.

- 2 Corinthians 5:19

“The Old Testament is the story of God’s behaving in this way in relation to Israel, often chastising his people but never finally casting them off. It’s the story that comes to a climax when God lets his son be executed. That’s the ultimate in taking responsibility for his relationship with us instead of making us carry the responsibility.”

- John Goldingay