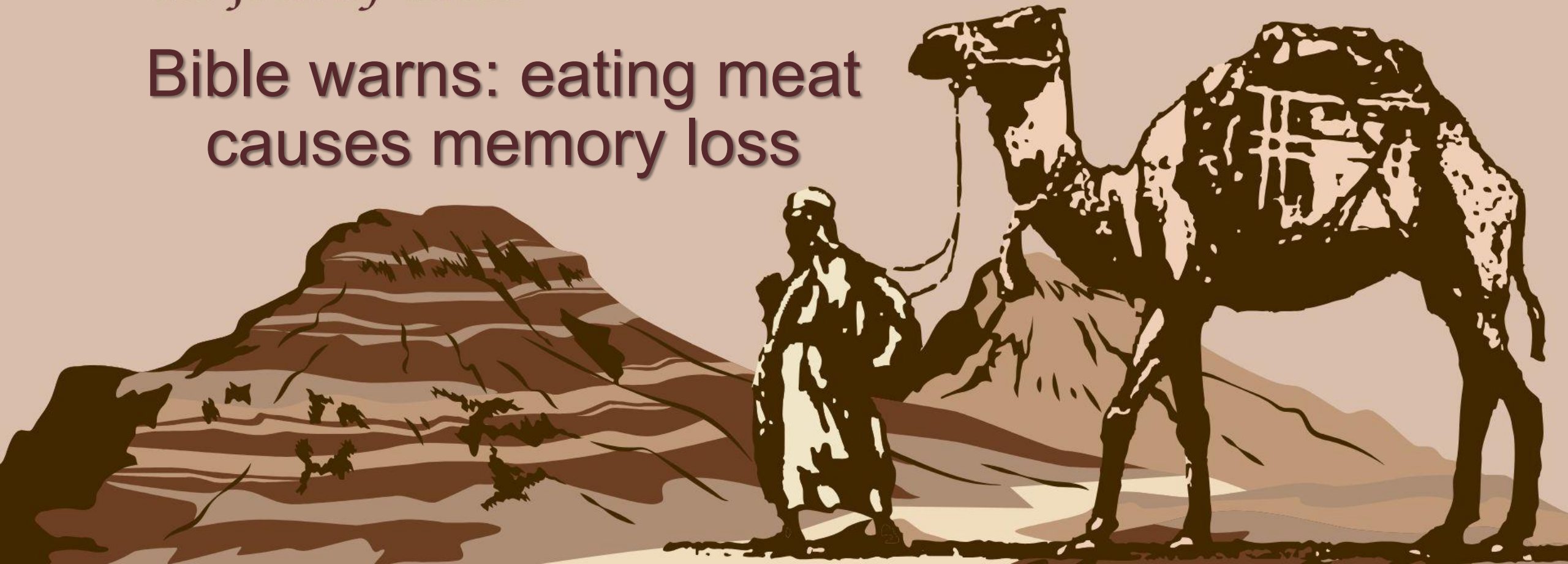


NUMBERS

the journey ahead

**Bible warns: eating meat
causes memory loss**



Numbers 11:4-9 NRSV

The camp followers with them had a strong craving, and the Israelites also wept again and said, “If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic, but now our strength is dried up, and there is nothing at all but this manna to look at.”

Now the manna was like coriander seed, and its color was like the color of gum resin. The people went around and gathered it, ground it in mills or beat it in mortars, then boiled it in pots and made cakes of it, and the taste of it was like the taste of cakes baked with oil. When the dew fell on the camp in the night, the manna would fall with it.

- Numbers 11:4-9