

THE SECRET OF BEING CONTENT

PASTOR DEREK FORSETH

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SAYING:

- Sometimes we confuse our "greed's" with our needs.

THOUGHT:

- All around us are pleasure seekers. We live in a culture that seeks instant gratification.

QUOTE:

- The problem is that instant gratification disappears faster than it arrives. -PD

QUESTION:

- Have you ever felt the inner struggle of wanting something so badly that you forgot all the blessings God has bestowed upon you?

PHILIPPIANS 4:11-13

- ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

COVET:

- to want what other people have.

GREED

- to want whatever is out there.

2 CORINTHIANS 4:16-18

- ¹⁶ Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. ¹⁷ For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. ¹⁸ So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

EPHESIANS 2:10

- ¹⁰ For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

SONG:

- He's all I need
- He's all I need
- Jesus is all I need
- He satisfies
- My needs supply
- Jesus is all I need

PHILIPPIANS 4:12

¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.



PHILIPPIANS 4:6-7

- ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



MATTHEW 6:31-34

- ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’³² For the pagans run after all these things, and your heavenly Father knows that you need them.³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well.³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

TOP 10 SIGNS OF DISCONTENT:

- 1- constant complaining
- 2- apathy
- 3- restless wandering
- 4- craving change
- 5- distancing from loved ones
- 6- boredom
- 7- perfectionism
- 8- restlessness
- 9- emotional outbursts
- 10- easily quitting what we started
- - A.M.

QUESTION:

- What separates me from being content?

QUOTE:

- Contentment is not having everything you want, but wanting everything you have.

GRATEFUL FOR...

- 1 Early wakeups
= Children to Love
- 2 House to clean
= Safe place to Live
- 3 Laundry = clothes to wear
- 4 Dishes to wash
= Food to Eat
- 5 Crumbs under the table
= Family meals ♥
- 6 Grocery shopping
= \$ to provide for us
- 7 Toilets to clean
= Indoor plumbing
- 8 Lots of noise
= People in my life
- 9 Endless questions about homework
= Kids' brains Growing
- 10 Sore + tired in bed
= I'm still alive!

Amen

I TIMOTHY 6:6-10

- ⁶ But godliness with contentment is great gain. ⁷ For we brought nothing into the world, and we can take nothing out of it. ⁸ But if we have food and clothing, we will be content with that. ⁹ Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction. ¹⁰ For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.

PROVERBS 30:7-9

- “Two things I ask of you, LORD;
do not refuse me before I die:
⁸ Keep falsehood and lies far from me;
give me neither poverty nor riches,
but give me only my daily bread.
⁹ Otherwise, I may have too much and disown you
and say, ‘Who is the LORD?’
Or I may become poor and steal,
and so dishonor the name of my God.

MATTHEW 6:9-11

- ⁹ “This, then, is how you should pray:
- ““Our Father in heaven,
hallowed be your name,
¹⁰ your kingdom come,
your will be done,
on earth as it is in heaven.
¹¹ Give us today our daily bread.

ROMANS 8:28

- ²⁸ And we know that in all things God works for the good of those who love him, who^[a] have been called according to his purpose.

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- A man's contentment is in his mind, not in the extent of his possessions. - Spurgeon

PHILIPPIANS 3:13

- ¹³ Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead,

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- We would worry less if we praised more. Thanksgiving is the enemy of discontent and dissatisfaction. - H. Ironside