

# PHILADELPHIA CHURCH

Defeating Distraction (Renewed)

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## 2 CORINTHIANS 4:16

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

# TEXTING & DRIVING STATISTICS

1.6 million accidents per year

390,000 injuries from accidents each year

1 in 4 accidents caused by texting and driving  
each year

# DISTRACTION

Divides our attention

Prevents focus or concentration

# HOW DISTRACTIONS AFFECT OUR SPIRITUAL LIFE

Affects our personal prayer times

Affects our devotional times

Affects our times of listening to preaching and teaching

Affects our time of benefiting from fellowship

## GENESIS 2:16-17

And the Lord God commanded the man, “You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die.”

## GENESIS 3:4

“You will not certainly die,” the serpent said to the woman.

## GENESIS 3:6

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.



## MATTHEW 16:26

What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?

# DISTRACTIONS

- Passive
- Unplanned
- Breaks concentration
- Curiosity piqued

# ATTRACTIONS

- Active
- Planned
- Redirects concentration
- Appetite indulged

## QUOTE

“Dangerous distraction is shifting our attention from something of greater importance to something of lesser importance.”- JB

## ROMANS 1:25

They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator—who is forever praised. Amen.

## QUESTION

Are we watching listen to things that are distracting us from our walk with God?

## MARK 4:3-9

“Listen! A farmer went out to sow his seed. As he was scattering the seed, some fell along the path, and the birds came and ate it up. Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Other seed fell among thorns, which grew up and choked the plants, so that they did not bear grain. Still other seed fell on good soil. It came up, grew and produced a crop, some multiplying thirty, some sixty, some a hundred times.” Then Jesus said, “Whoever has ears to hear, let them hear.”

## MARK 4:13-20

Then Jesus said to them, “Don’t you understand this parable? How then will you understand any parable? The farmer sows the word. Some people are like seed along the path, where the word is sown. As soon as they hear it, Satan comes and takes away the word that was sown in them. Others, like seed sown on rocky places, hear the word and at once receive it with joy. But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. Still others, like seed sown among thorns, hear the word; but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful. Others, like seed sown on good soil, hear the word, accept it, and produce a crop—some thirty, some sixty, some a hundred times what was sown.”



# THORNS

Worries of this life

Deception of wealth

Desire for other things

## MATTHEW 6:19-21

“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

# MEDIA

Be aware of what we are watching and listening to

Be aware of the time we spend doing it

# RELATIONSHIPS

Am I closer to God as a result of this relationship?

## ROMANS 7:15-20

I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me. For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

## QUOTE

“If the devil can't mess us he will often "bless" us.”

-PD

## MARK 10:38-42

“You don’t know what you are asking,” Jesus said. “Can you drink the cup I drink or be baptized with the baptism I am baptized with?” “We can,” they answered. Jesus said to them, “You will drink the cup I drink and be baptized with the baptism I am baptized with, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared.” When the ten heard about this, they became indignant with James and John. Jesus called them together and said, “You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them.

## ROMANS 8:1

Therefore, there is now no condemnation for those who are in Christ Jesus



## 2 CORINTHIANS 4:18

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

## COLOSSIANS 3:2

Set your minds on things above, not on earthly things.

# HOW TO GET REFOCUSED

Remember God's promises

- 2 Corinthians 1:20-For no matter how many promises God has made, they are “Yes” in Christ. And so through him the “Amen” is spoken by us to the glory of God.

Restore right thinking

Renew our faith