BE STRONG IN THE LORD

EPHESIANS 6:10

A final word: Be strong in the Lord and in his mighty power.

STRESS CAN BE:

- Emotional
- Relational
- Financial
- Physical
- Spiritual

³ Now Samuel was dead, and all Israel had mourned for him and buried him in his own town of Ramah. Saul had expelled the mediums and spiritists from the land. ⁴ The Philistines assembled and came and set up camp at Shunem, while Saul gathered all Israel and set up camp at Gilboa. ⁵ When Saul saw the Philistine army, he was afraid; terror filled his heart.

⁶ He inquired of the LORD, but the LORD did not answer him by dreams or Urim or prophets. Saul then said to his attendants, "Find me a woman who is a medium, so I may go and inquire of her." "There is one in Endor," they said. 8 So Saul disguised himself, putting on other clothes, and at night he and two men went to the woman. "Consult a spirit for me," he said, "and bring up for me the one I name."

⁹ But the woman said to him, "Surely you know what Saul has done. He has cut off the mediums and spiritists from the land. Why have you set a trap for my life to bring about my death?" ¹⁰ Saul swore to her by the LORD, "As surely as the LORD lives, you will not be punished for this."

11 Then the woman asked, "Whom shall I bring up for you?" "Bring up Samuel," he said. 12 When the woman saw Samuel, she cried out at the top of her voice and said to Saul, "Why have you deceived me? You are Saul!" 13 The king said to her, "Don't be afraid. What do you see?" The woman said, "I see a ghostly figure coming up out of the earth."

14 "What does he look like?" he asked. "An old man wearing a robe is coming up," she said. Then Saul knew it was Samuel, and he bowed down and prostrated himself with his face to the ground. 15 Samuel said to Saul, "Why have you disturbed me by bringing me up?" "I am in great distress," Saul said. "The Philistines are fighting against me, and God has departed from me. He no longer answers me, either by prophets or by dreams. So I have called on you to tell me what to do."

¹⁶ Samuel said, "Why do you consult me, now that the LORD has departed from you and become your enemy? 17 The LORD has done what he predicted through me. The LORD has torn the kingdom out of your hands and given it to one of your neighbors to David. 18 Because you did not obey the LORD or carry out his fierce wrath against the Amalekites, the LORD has done this to you today.

19 The LORD will deliver both Israel and you into the hands of the Philistines, and tomorrow you and your sons will be with me. The LORD will also give the army of Israel into the hands of the Philistines." ²⁰ Immediately Saul fell full length on the ground, filled with fear because of Samuel's words. His strength was gone, for he had eaten nothing all that day and all that night.

1 SAMUEL 30:1-6

David and his men reached Ziklag on the third day. Now the Amalekites had raided the Negev and Ziklag. They had attacked Ziklag and burned it, ² and had taken captive the women and everyone else in it, both young and old. They killed none of them, but carried them off as they went on their way. ³ When David and his men reached Ziklag, they found it destroyed by fire and their wives and sons and daughters taken captive.

1 SAMUEL 30:1-6

⁴ So David and his men wept aloud until they had no strength left to weep. ⁵ David's two wives had been captured—Ahinoam of Jezreel and Abigail, the widow of Nabal of Carmel. ⁶ David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the LORD his God.

EPHESIANS 6:10

A final word: Be strong in the Lord and in his mighty power.

2 CORINTHIANS 10:4

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

1 SAMUEL 30:6

⁶ David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the LORD his God.

BE STRONG IN THE LORD:

- 1. Turn to God
- 2. Talk to God
- 3. Trust God
- 4. Thank God

1 THESSALONIANS 5:18

Give thanks in all circumstances; for this is God's will for you in Christ Jesus.

QUOTE

God wants us to be faithful and fruitful but He doesn't want us to be fearful. - PD

JOSHUA 1:9

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."

DEUTERONOMY 31:6

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you."

JOHN 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

ISAIAH 12:2-3

Surely God is my salvation; I will trust and not be afraid. The LORD, he LORD himself, is my strength and my defense; he has become my salvation." ³ With joy you will draw water from the wells of salvation.

ISAIAH 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.