

Philadelphia Church

Dealing with Disappointment

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March 7, 2021

#connectatpc





Reality

_____ x Love

Expectations

QUOTE

Blessed is the man who expects nothing, for he shall never be disappointed. -AP

JOHN 6:60-67

⁶⁰ On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?” ⁶¹ Aware that his disciples were grumbling about this, Jesus said to them, “Does this offend you? ⁶² Then what if you see the Son of Man ascend to where he was before! ⁶³ The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life.

JOHN 6:60-67

64 Yet there are some of you who do not believe.” For Jesus had known from the beginning which of them did not believe and who would betray him. **65** He went on to say, “This is why I told you that no one can come to me unless the Father has enabled them.” **66** From this time many of his disciples turned back and no longer followed him.

67 “You do not want to leave too, do you?” Jesus asked the Twelve.

PROVERBS 15:13

A glad heart makes a cheerful face,
but by sorrow of heart the spirit is
crushed.

PROVERBS 17:22

A cheerful heart is good
medicine, but a crushed Spirit
dries up the bones.

THE 5 D'S

- Disappointment
- Discouragement
- Disillusionment
- Depression
- Defeat

MARK 10:45

45 For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

PSALM 127:1

¹ Unless the LORD builds the house, the builders labor in vain. Unless the LORD watches over the city, the guards stand watch in vain.

DEFINITION OF DISAPPOINTMENT

sadness or displeasure because someone or something has failed to fulfill one's hopes or expectations.

QUOTE

Evil lurks where disappointment
lodges. - George Foreman

QUOTE

Disappointments shouldn't derail us in life, instead disappointments should be seen only as setbacks or a change of direction. - anon

COMMON SOURCES OF DISAPPOINTMENT

- people
- circumstances

OVERCOMERS REALIZE THAT

- We are more than conquerors.
 - Romans 8:37 No, in all these things we are more than conquerors through him who loved us.
- We have peace because Jesus Christ has overcome the world.
 - John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

HOW DO WE DEAL WITH OUR DISAPPOINTMENT?

- Recognize that our disappointment can be evidence of misplaced affections.
- Realize that disappointment might be something that God has allowed in our lives for the purpose of growing us.
- Remember that disappointment might be a way of God closing doors or making us wait for His timing.

ISAIAH 55:8-9

⁸ “For my thoughts are not your thoughts, neither are your ways my ways,” declares the LORD. ⁹ “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”