













# iveness A Journey of Hope and Healing.

## Hurt Feelings will never motivate you to right actions

**Romans 12:19** 

Do not take revenge, my friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. Philippians 1:27
Whatever happens,
conduct yourselves
in a manner worthy
of the gospel of
Christ.

## 5 Keys to freedom through forgiveness



#### 2 Corinthians 2:10b-11

I have forgiven in the sight of Christ for your sake, in order that Satan might not outwit us. For we are not unaware of his schemes.



## 1.Forgiveness is: a command and not an option.

#### Matthew 6:12, 14-15

Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

For if you forgive men when they sin against you, your heavenly Father will also forgive you.

But if you do not forgive men their sins, your Father will not forgive your sins.

## 2. Forgiveness is: a choice and not feeling.



#### **Matthew 18:32**



Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to.

#### Matthew 18:33-34



Shouldn't you have had mercy on your fellow servant just as I had on you?' In anger his master turned him over to the jailers to be tortured, until he should pay back all he owed.

#### **Matthew 18:35**



"This is how my heavenly Father will treat each of you unless you forgive your brother from your heart."

## 3. Forgiveness is: for your benefit, not the benefit of the offender.





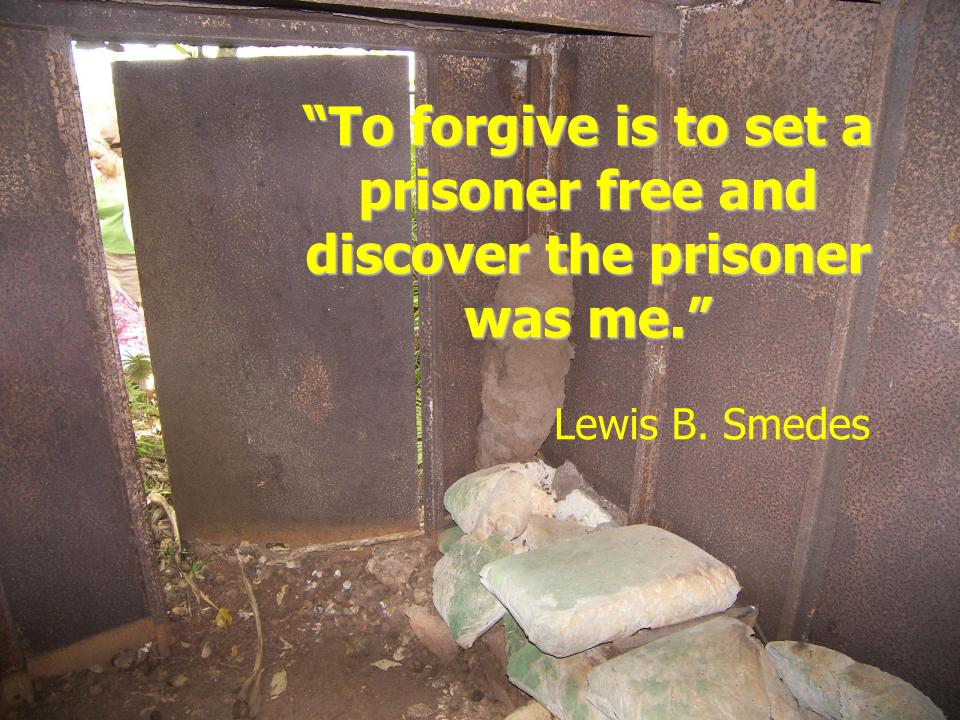
#### Matthew 5:23-24

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift."

#### Mark 11:25

"And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins."





#### 5 Keys to Freedom Through Forgiveness

- 1. Forgiveness is a command; not an option.
- 2. Forgiveness is a choice; not a feeling.
- 3. Forgiveness is for your benefit; not the benefit of the offender.
- 4. Forgiveness must be specific; not general.
- Forgiveness is a process or journey; not an event.

Dear Jesus, in obedience to your word, I choose to enter this journey of forgiveness. Please forgive me for the times I have hurt others and for my unwillingness to forgive those who have hurt me. I choose now to forgive:... Finally, I bring the finished work of Jesus Christ between me and what was said or done to me closing the doorway of unforgiveness forever. Thank you, Jesus, for freedom and for peace. Amen.



#### www.2b4giving.com

