




# Freed from all my Fears

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# *Psalms 34:1-3*

- <sup>1</sup> I will bless the LORD at all times;  
His praise shall continually be in my mouth.
- <sup>2</sup> My soul shall make its boast in the LORD;  
The humble shall hear of it and be glad.
- <sup>3</sup> Oh, magnify the LORD with me,  
And let us exalt His name together.
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# *Fear* -

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an unpleasant emotion caused by the belief that someone or something is dangerous, likely to cause pain or a threat.



# *Psalms 34:4-6*

<sup>4</sup> I sought the LORD, and He heard me,  
And delivered me from all my fears.

<sup>5</sup> They looked to Him and were radiant,  
And their faces were not ashamed.

<sup>6</sup> This poor man cried out, and the LORD heard him,  
And saved him out of all his troubles.


# *Matthew 10:28*

<sup>28</sup> And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell.

*Do I trust God as I should in  
the situations I face?*

*Do I trust God or is my fear  
of \_\_\_\_\_ greater?*

# *Psalms 34:4*

1. I sought the Lord
  2. He answered me
  3. He delivered me from all my fears
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# *Psalms 34:5*

<sup>5</sup> They looked to Him and were radiant,  
And their faces were not ashamed.



# *Psalms 34:6*

<sup>6</sup> This poor man cried out, and  
the LORD heard him,  
And saved him out of all his troubles.

# *Truth -*

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God hears

God cares

God answers

God delivers



# *Psalms 46:1*

God is our refuge and strength,  
A very present help in trouble.

# *Psalms 46:10*

Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth!

# *Psalms 34:6*

<sup>6</sup> This poor man cried out, and  
the LORD heard him,  
And saved him out of all his troubles.

# *Psalms 34:7-9*

<sup>7</sup> The angel of the LORD encamps all around those who fear Him,  
And delivers them.

<sup>8</sup> Oh, taste and see that the LORD is good;  
Blessed is the man who trusts in Him!

<sup>9</sup> Oh, fear the LORD, you His saints!  
There is no want to those who fear Him.

# *Fear of the Lord -*

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Is a reverent submission that comes with obedience and recognition of God's Holiness and authority

# *1 John 4:18*

<sup>18</sup> There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.



## *Romans 5:8*

<sup>8</sup> But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

# *Psalms 116:1-2*

<sup>1</sup> I love the LORD, because He has heard  
My voice and my supplications.

<sup>2</sup> Because He has inclined His ear to me,  
Therefore I will call upon Him as long as I live.

# *Psalms 17:6*

<sup>6</sup> I have called upon You, for You will hear me,  
O God;  
Incline Your ear to me, and hear my speech.

# *Hebrews 4:16*

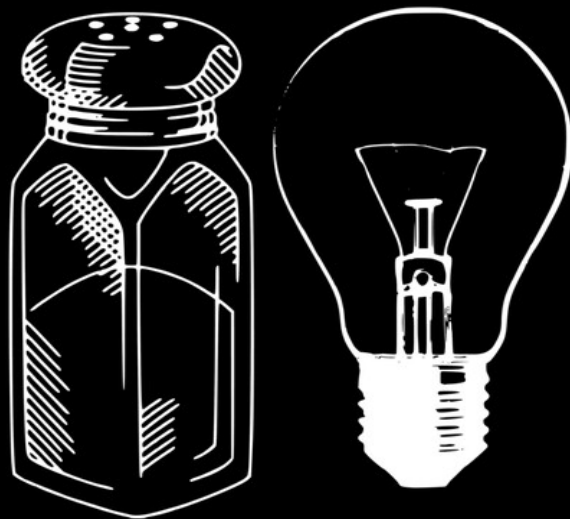
<sup>16</sup> Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

# ***Questions -***

- Am I seeking the Lord as I should?
- Do I believe that God hears me (faith)?
- What fears or burdens do I need to surrender to God?

# *Psalms 55:22*

<sup>22</sup> Cast your burden on the LORD,  
And He shall sustain you;  
He shall never permit the righteous to be moved.



BE THESE  
MATTHEW 5:13-16