

# Philadelphia Church

*Conquering Our Fears*

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# Fear

The feeling of anxiety and agitation caused by the presence of real or imagined danger, evil or pain



# Question

Is it possible that as believers we sometimes listen more to what Satan is saying than what God is saying?



# Deuteronomy 31:8

“...The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”



# Reasons for Fear

- Uncertain Future
- Family Issues
- Financial Struggles
- Health Issues
- Relationship Discord
- Bad decisions we've made
- Bad decisions others have made



# 1 John 4:18

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.



# Psalm 18:2

The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.



# Truth

Praising the Lord banishes fears.





# John 10:10

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.



# Matthew 6:27

Can any one of you by worrying add  
a single hour to your life?



# Luke 12:4-7

"I tell you, my friends, do not be afraid of those who kill the body and after that can do no more. <sup>5</sup> But I will show you whom you should fear: Fear him who, after your body has been killed, has authority to throw you into hell. Yes, I tell you, fear him.



# Luke 12:4-7

<sup>6</sup> Are not five sparrows sold for two pennies? Yet not one of them is forgotten by God. <sup>7</sup> Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows.



## 2 Timothy 1:7 (KJV)

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.



# God Replaces Fear With:

- Power (authority)
- Love (compassion)
- Sound mind (discipline)



## 2 Corinthians 10:3-5

For though we live in the world, we do not wage war as the world does.<sup>4</sup> The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.



# John 8:32

Then you will know the truth, and the truth will set you free."





# Mark 8:36

What good is it for someone to gain the whole world, yet forfeit their soul?



# Suggestion

If you're struggling with fears and anxiety  
read your Bible more.



# Truth

Believe fear doubt God. Believe God doubt  
fear.



**Don't Believe Your Fears**



# **F.E.A.R.**

- **False**
- **Evidence**
- **Appearing**
- **Real**



# Types of Fear

- Paralyzing fear
- Illogical fear
- Protective fear



# Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."



# Deuteronomy 31:6-8

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you." <sup>7</sup> Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the LORD swore to their ancestors to give them, and you must divide it among them as their inheritance.





# Deuteronomy 31:6-8

<sup>8</sup> The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."



# Three possible causes of deep fear:

1. Generational Transference (things get passed along)

➤ **2 Corinthians 5:17** Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!



# Three possible causes of deep fear:

## 2. Trauma (wounds or accidents)

- Jeremiah 30:17 But I will restore you to health and heal your wounds,' declares the LORD, 'because you are called an outcast, Zion for whom no one cares.'
- An offended spirit is the breeding ground for deception. -JB



# Three possible causes of deep fear:

## 3. Guilt (burden of sin)

- **John 3:19-21** This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. <sup>20</sup> Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. <sup>21</sup> But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.



# Psalm 51:1-4

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. <sup>2</sup> Wash away all my iniquity and cleanse me from my sin. <sup>3</sup> For I know my transgressions, and my sin is always before me. <sup>4</sup> Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.



# Quote

"Don't let the fear of what could happen make nothing happen."

- Unknown

