



Eliminating Strongholds

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You'll remember your first time!

Psalm 139:23-24

23 Search me, O God, and know my heart;

Try me, and know my anxieties;

24 And see if there is any wicked way in me,

And lead me in the way everlasting

Psalm 51:10

***¹⁰ Create in me a clean heart, O God,
And renew a steadfast spirit within me.***

Psalm 51:11-13

***11 Do not cast me away from Your presence,
And do not take Your Holy Spirit from me.***

***12 Restore to me the joy of Your salvation,
And uphold me by Your generous Spirit.***

***13 Then I will teach transgressors Your ways,
And sinners shall be converted to You.***

Matthew 7:3-5

³ And why do you look at the speck in your brother's eye, but do not consider the plank in your own eye? ⁴ Or how can you say to your brother, 'Let me remove the speck from your eye'; and look, a plank is in your own eye? ⁵ Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother's eye.

2 Corinthians 10:3-5

³ For though we walk in the flesh, we do not war according to the flesh. ⁴ For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Ephesians 6:12

12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

1 Peter 2:11

11 Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul,

2 Corinthians 10:5

⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

WE TEAR DOWN STRONGHOLDS:

1. By destroying arguments.

2. By destroying opinions raised against God.

3. By taking every thought captive.

STRONGHOLDS- the
deceptions and lies
which lead us away from
God.

Philippians 4:6-7

⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

POTENTIAL STRONGHOLDS

1. Bitterness- we can't be unforgiving and find freedom.

2. Need for approval- we live to please God not people.

3. Unhealthy relationships- we cannot step into God's best when we are holding on to what we need to release.

4. Power- we need to surrender to God's will.

5. Shame from the past- guilt will always hold us back.

6. Comfort- holding on to what is easy can block breakthrough.



POTENTIAL STRONGHOLDS

7. Comparison- we can't live by another person's standards.

8. Old mindsets- we need renewed minds.

9. Excuses- we need to be ready to move forward in obedience.

10. Pride- self-reliance leaves no room for God's power.

11. Apathy- stagnant Faith or indecision will hold us back.

12. Hidden sin- always stands in the way of spiritual growth.



STRONGHOLD- spiritual or
mental fortress of
falsehood that opposes
God's will.

FOOTHOLD- a small opening or opportunity in a believer's life that, if left unchecked, allows Satan to exert influence and gain control.

Ephesians 4:26-27

26 “Be angry, and do not sin”: do not let the sun go down on your wrath, 27 nor give place to the devil.

Ephesians 6:17

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

John 17:17

17 Sanctify them by Your truth. Your word is truth.

Matthew 24:10-14

10 And then many will be offended, will betray one another, and will hate one another. 11 Then many false prophets will rise up and deceive many. 12 And because lawlessness will abound, the love of many will grow cold. 13 But he who endures to the end shall be saved. 14 And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come.

Hebrews 13:5

5 Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, “I will never leave you nor forsake you.”

Philippians 1:6

6 being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ;

2 Corinthians 10:3-5

³ For though we walk in the flesh, we do not war according to the flesh. ⁴ For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Proverbs 18:10

***10 The name of the Lord is a
strong tower;***

The righteous run to it and are safe.