



The Lord Is my Light and my Salvation

Pastor Derek Forseth

January 11, 2026



**How is it possible to be
confident in our God
when we battle fears
here on Earth?**

Psalms 27:1-3

27 The LORD *is* my light and my salvation;
Whom shall I fear?

The LORD *is* the strength of my life;
Of whom shall I be afraid?

² When the wicked came against me
To eat up my flesh,
My enemies and foes,
They stumbled and fell.

³ Though an army may encamp against me,
My heart shall not fear;
Though war may rise against me,
In this I *will be* confident.

1 Samuel 18:7

7 So the women sang as they danced, and said:

“Saul has slain his thousands,
And David his ten thousands.”

**Fear can make us
irrational**

**Insecurity can tell us we
don't measure up**

2 Timothy 1:7

⁷ For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Psalms 27:3

³ Though an army may encamp against me,
My heart shall not fear;
Though war may rise against me,
In this I *will be* confident.

Psalms 56:3-4

³ Whenever I am afraid,
I will trust in You.

⁴ In God (I will praise His word),
In God I have put my trust;
I will not fear.

What can flesh do to me?

My Light -

The source of Guidance
and Wisdom.



A misty forest landscape with sunlight rays filtering through the trees. The scene is serene and atmospheric, with a dense forest of trees in various shades of green and brown. Sunlight rays, or crepuscular rays, are visible as bright, diagonal beams of light cutting through the mist and foliage. The overall tone is soft and ethereal, with a hazy, dreamlike quality. The text is overlaid on the lower left portion of the image.

My Salvation-

The source of Deliverance and
Protection.

**In times of trouble, do I seek
the Lord for guidance and
strength?**

Psalms 46:1

⁴⁶ God *is* our refuge and strength,
A very present help in trouble.

Romans 8:31

³¹ What then shall we say to these things? If God *is* for us, who *can be* against us?

**We are not designed
to live in fear!**

Psalms 119:105

105 Your word *is* a lamp to my feet
And a light to my path.

God's word



-A lamp for my feet-
immediate steps and daily
decisions.



- A light for my path- the
longer journey and
direction for life.

video

“Worrying does not take away tomorrow's troubles. It takes away today's peace.” –R.A

Psalms 27:1

²⁷ The LORD *is* my light and my salvation;

Whom shall I fear?

The LORD *is* the strength of my life;

Of whom shall I be afraid?

Psalms 27:4

⁴ One *thing* I have desired of the LORD,
That will I seek:
That I may dwell in the house of the LORD
All the days of my life,
To behold the beauty of the LORD,
And to inquire in His temple.

**God wants to help us in our
struggles and give us refuge in
our times of need – P.D**

Psalms 27:1

²⁷ The LORD *is* my light and my salvation;

Whom shall I fear?

The LORD *is* the strength of my life;

Of whom shall I be afraid?



Faith over Fear

Psalms 27:13-14

¹³ *I would have lost heart,* unless I had believed
That I would see the goodness of the LORD
In the land of the living.

¹⁴ Wait on the LORD;
Be of good courage,
And He shall strengthen your heart;
Wait, I say, on the LORD!

Psalms 55:22

**22 Cast your burden on the LORD,
And He shall sustain you;
He shall never permit the righteous to be moved.**