

SESSION 5

Reading Your Bible Part Two

TRUTH: *What is God saying?*

Read Psalm 31.

Based on the words of this Psalm, how can you respond to God with *adoration*?

Based on the words of this Psalm, how can you respond to God with *confession*?

Based on the words of this Psalm, how can you respond to God with *thanksgiving* (how does this Psalm point us to the Gospel of Jesus?)?

Based on the words of this Psalm, how can you respond to God with *supplication*?

EQUIPPING: *How do we live this out?*

What is the difference between getting “a nugget of encouragement” every day, and encountering the Gospel every day?

Why do you think it’s important to express adoration, confession, thanksgiving (for the Gospel), and supplication to God on a daily basis?



ACCOUNTABILITY: *How am I personally doing in this area?*

Which of the 4 elements of response (adoration, confession, thanksgiving, supplication) do you struggle to do most naturally? Are there any that you are tempted to feel are unnecessary?

What tends to be the motivating reason you read the Bible or pray, and in light of the Gospel, is that the right reason?

MISSION: *Going out with the Gospel*

Reading the Bible can be done with others in community. This could be a great way to begin discipling someone else, or pointing them to Jesus. Is there anyone God is putting on your heart to do that with?

SUPPLICATION: *Praying for what only God can do*

Pray a prayer of adoration (praising God for who He is), confession (asking God to forgive your sins), thanksgiving (thanking Jesus for his grace and mercy), and supplication (asking the Spirit for power to live for God today).