



## Week 2: Two Paths

### Lesson Overview:

**Bible Story:** "The Way of the Righteous and the Wicked & Trust in the Lord" - Psalm 1:1-3 and Proverbs 3:5-6

**Today's Point:** I can find a better life by following God's path.

**Memory Verse: Proverbs 4:26 (NLT)** Mark out a straight path for your feet; stay on the safe path.

**Gospel Connection:** We can't perfectly follow God's path, but salvation comes not from our efforts but from Jesus's perfect sacrifice for our sins.

### Video Bible Story

► [Psalm 1 KIDS DEVOTIONAL | TWO PATHS | Family Bible Time for C...](#)

### January Songs:

- [Give All Your Worries to God \(1 Peter 5:7\) | HLA Athens VB...](#)
- [Won't Worry 'Bout A Thing | Shipwrecked VBS | Group Publi...](#)

## Schedule:

### **Warm Up Question (3 min.):**

Where would you like to go for a walk?

### **Review Classroom Rules (3 min.)**

### **Review giving and collect offerings (2 min.)**

### **Review point and Key verse: (5 min.)**

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### **Introduction Game (5 min.) - Obstacle Course**

#### **SUPPLIES NEEDED:**

- Various simple obstacles (like cones, hula hoops, or soft pillows)

**TEACHER:** Welcome, everyone! Today, we will discover how making the right choices can lead us to the best life possible. Just like in our game today, life presents us with different paths. Some may seem easy, and others look tough, but our choices are crucial. Let's explore how choosing God's path can guide us through life's obstacles.

Alright, let's get started with our obstacle course!

- We have two paths set up, each with its own challenges.
- Two of you will compete in each round.
- You'll each choose a path and navigate through the obstacles. The goal? To reach the end, you'll give a high-five to our helper, who will be waiting for you at the end.
- Remember, it's not just about speed; it's about choosing wisely and tackling the challenges as they come.

Let's line up at the start and remember every choice in this course can teach us something about following God's path in our lives.

**[After the Game]** Great job, everyone! Did you notice how each choice you made affected your journey through the course? Sometimes, the right path might seem more difficult, but it leads to the best outcome, just like in our lives.

Choosing to follow God's path isn't always the easiest, but it is always the most rewarding. Let's keep this in mind as we learn more about making this year the BEST YEAR EVER by walking with Jesus every day.

### **Object Lesson - Every Calendar Becomes History (6 min.)**

TEACHER: Hello, everyone! Today, we have a special activity called "Every Calendar Becomes History." Many people have calendars that help them remember birthdays, appointments, anniversaries, etc. Every activity that they recorded on their calendars last year is now history. Some of the events will be remembered, some they will never think about again.

Last week we wrote down some goals for 2026. Today we are going to write down some activities that you can do in 2026 that will be remembered forever.

To help us remember this, each of you will take a piece of paper and write down one way you can show love to others this year.

Examples:

- helping a friend
- spending time with family
- doing something kind for someone who doesn't expect it.

TEACHER: Great! Now, let's put these papers up on our "Eternal Actions Wall." Throughout the year, we can add more actions to this wall as we continue to make choices that have eternal value.

Every time you look at this wall, remember just like the pages of these calendars turn and become history, our actions can be part of God's eternal story. Let's make sure they count!

### **Bible Story - The Two Paths (15 min.)**

**Show Story Video**

TEACHER: Imagine you're at a large amusement park with lots of different rides to choose from. Some look really exciting but a bit scary, while others seem safe and easy. You have to make a choice: take a chance on the thrilling ride or play it safe with the easy one. It's like everyday decisions we make, isn't it? Do we choose the exciting path that might be right or the easy one that might not lead where we want?

Let's read some Bible verses about two different paths we can take in life.

### **READ: Psalm 1:1-3**

This passage says a person who follows God's way is like a tree planted by streams of water.

- What do you think that means? That's right! Just like a tree needs water to grow, we need God's wisdom to live a good life.

The Bible's directions are the best guide for life. They tell us how to live the best life possible and stay near Jesus.

Sometimes, choosing God's way means doing things that might be harder, like telling the truth when you could get in trouble or being kind to someone who isn't always nice to you. But just like the tree gets what it needs from the water, we get what we need when we follow God's path.

### **READ: Psalm 1:4-6**

This part of the Psalm says that people who don't follow God's way are like chaff that the wind blows away. That means they don't have a strong foundation. Just like buildings need strong foundations to stay up, we need strong foundations in our lives. God's way gives us that strong base so we can stand firm no matter what.

### **READ: Proverbs 3:5-6**

Everyone, close your eyes and pretend you're walking on a path. Now, imagine you come to a fork in the road. One way is super muddy and looks a bit scary, but it's actually safe and leads to a beautiful place. The other path is easy and clear but ends up leading nowhere. Which path would you choose?

That's what these verses are about—trusting God to lead us on the right path, even when it might seem challenging.

Trusting in God's way means we might not always understand where the path is going, but we believe He knows best. It's like having a guide in that amusement park who knows all the best rides.

**SUMMARY:** Remember, we can find our best life by following God's path. This week, let's all try to think about our decisions and how they can keep us on God's path.

### **Review the ABC's of Salvation**

**GOSPEL CONNECTION:** No matter how hard we try to make good choices, we sometimes step off the path. Following Jesus isn't just about making good choices. It's about trusting Him because He has already done everything we need by dying for us on the cross. We don't earn our way to heaven by good behavior; we get there because Jesus loves us so much, and He made a way for us. But even as followers of Jesus, he gives us the responsibility to follow his ways. Let's trust Him and follow where Jesus

leads. That's how we truly follow God's path and make every year the BEST YEAR EVER!

### **Discussion Questions & Prayer**

**TEACHER:** Great listening today, everyone! You all did such a wonderful job paying attention and learning about the paths we can choose.

**Remember, our main idea today is: "I can find a better life by following God's path."** Let's think about what that means for us every day with some questions.

#### **Discussion Questions:**

- What are some choices you make every day?
- Can you think of a time you chose God's path? What happened?
- How can we know which path is right when we have a decision to make? What are some signs or clues that might help us?
- Why do you think it's sometimes difficult to choose God's path?
- Have you ever found it difficult? What made it hard?

**Close the lesson with prayer.** Ask the kids if they have any prayer requests.

### **Bible Verse Review (5 min.)**

Review Bible verse again. Break the kids into teams and have them race to put the verse cards in order. Remind them that if they can say their verse from memory at the end of January they will earn a prize.

**Best Year Ever**  
**Week 2: Two Paths**



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**Today's Point:** I can find a better life by following God's path.

**Questions to Discuss with Your Children:**

- What are some choices you make every day?
- Can you think of a time you chose God's path? What happened?
- How can we know which path is right when we have a decision to make? What are some signs or clues that might help us?
- Why do you think it's sometimes difficult to choose God's path?
- Have you ever found it difficult? What made it hard?

