

SUMMARY

Pastor Frank's teaching, 'Avoiding Altitude Sickness,' walked us through 2 Samuel 2. David is anointed king of Judah, marking the beginning of his reign, while Saul's son Ishbosheth rules Israel, creating division among God's people. Conflict arises between the two kingdoms, yet the growth in David's heart taught him to move slowly, seek God's guidance with humility, and continue trusting in His providence.

1. Seeking God's Guidance: David asked before he acted.

- What does "inquiring of the Lord" look like for you in daily decisions?
- Where are you tempted to make your own decisions instead of asking God?
- Share an example when you sought God's direction before making a decision. How did it change the outcome?

2. God's Anointing (David) vs. Human Anointing (Ishbosheth)

- Abner took Ishbosheth, Saul's son, and made him king of Israel. What dangers do we see when people appoint leaders without God's calling or confirmation?
- What evidence do you look for in someone's life (or even your own) that confirms God's hand is elevating them versus just human promotion?

APPLICATION

3. God's Timing vs. Human Timing: David's rise to kingship was slow and steady.

- What area(s) of your life do you struggle with impatience in God's timing? Why?
- Where have you moved too fast in a decision that resulted in something that could have been avoided had you waited?
- When have you been patient and seen the fruit of God's timing?
- How can you build the habit of slowing down to seek God's counsel and trust His timing?

4. Lessons from Abner and Joab.

- Discuss the implications of "justice" and "revenge" in the context of Joab's pursuit of Abner. How can we differentiate between them in our lives today?
- Bitterness drove the main conflict in this passage—where can bitterness sneak into your relationships, and how can you guard against it?
- Share an example when you honored or respected someone you didn't fully agree with.

PRAYER

Pray for an obedient and willing heart to be led by the Lord, not by your own agenda!

