

# SHE PROCLAIMS TRUTH

## She Speaks Truth to Her Husband

### Outline Notes

#### I. Introduction

*“Death and life are in the power of the tongue, and those who love it will eat its fruits.” Proverbs 18:21*

#### II. The Motive for Biblical Communication in Marriage

##### A. “Covenant of Companionship”

###### 1. Covenant:

*“For this reason a man shall leave his father and his mother, and be **joined** to his wife; and they shall become one flesh. Genesis. 2:24*

###### 2. Companionship:

*“Then the LORD God said, “**It is not good for man to be alone.**” Genesis 2:18 “For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become **one flesh.** Genesis. 2:24*

##### B. A Wife Helps *For* God

*“Then the LORD God said, “It is not good for man to be alone. **I will make a helper corresponding to him.**” Genesis 2:18*

###### 1. Helper/Ezer:

###### 2. Corresponding to/Kenegdo:

### III. The Method of Biblical Communication in Marriage

Saint	Cheer
Sufferer	Comfort
Sinner	Confront

- A. **Saint:** We speak truth when we answer the questions, “*What is good in his life? Where is he keeping in step with the Spirit? How can I cheer him on?*”
- B. **Sufferer:** We speak truth when we answer the questions, “*What is hard in his life? Where is he lamenting? How can I be an agent of comfort in those hard places?*”
- C. **Sinner:** We speak truth when we answer the questions, “*What is bad in his life? What does he need to repent of? How can I confront him in a way that invites him into God’s change?*”

**Four Areas of Conflict:** (Adapted from Leslie Vernick)

**1. Disappointing**

**2. Difficult**

**3. Damaging**

**4. Destructive**

**IV. “A Real Life Case Study”**

**X. See Homework Sheet**

**Recommended Resources:**

- [The Lens: Saint, Sufferer, Sinner Known Ministries Podcast](#)
- [Saint, Sinner, and Suffer: Loving Others as God Loves Us, Mike Emelett](#)
- [Lament Article with Journal](#)
- [Lament Video Example](#)
- [Vulnerability, Being Known Podcast, S3E3, Curt Thompson](#)
- [Bitterness: The Root That Pollutes, Lou Priolo](#)
- [Communication and Conflict Resolution, Stuart Scott](#)
- [Confessions is a Grace, Paul Tripp](#)
- [From Your Heart...Forgive, Aaron Sironi](#)
- [We are all equally sinful. We are not all equally broken or toxic, Brad Hambrick](#)
- [How to Discern True Repentance When Serious Sin Has Occurred, Darby Strickland](#)

## Homework Sheet

We would encourage you to use this worksheet to apply something you learned today. Developing godly communication requires intentionality. Prayerfully consider the questions below. Then ask the Holy Spirit to help you identify ONE area where He is calling you to grow and/or change. Consider talking with your husband to gain more insight. Remember your husband has two instruction manuals: one is the Bible the other is in his heart. When you are done with the assignment, we would encourage you to meet with a godly friend or mentor to discuss, pray, and get accountability. You may also want to pick one of the suggested resources to work through alone or with a friend.

*Death and life are in the power of the tongue, and those who love it will eat its fruits.* Proverbs 18:21

1. As you consider your communication in light of what you learned this morning, where do you most need to focus your attention?
2. How does understanding God's view of marriage as a "Covenant of Companionship" and your role as "Warrior Helper" impact or change the way you communicate?
3. How does understanding the ways God cheers, comforts and confronts you impact or change the way you think about biblical communication in your marriage?
4. We speak truth when we answer the questions, "*What is good in his life? Where is he keeping in step with the Spirit?*" ***What are some specific areas you can cheer for your husband? What might that sound like?***
5. We speak truth when we answer the questions, "*What is hard in his life? Where is he lamenting?*" ***What are some hard places in your husband's life where you can provide comfort? What might that sound like?***
6. We speak truth when we answer the questions, "*What is bad in his life? What does he need to repent of? What place in your husband's life do you feel led to confront him in a way that invites him into God's change? What might that sound like?*"