

# APPLICATION QUESTIONS

"Do not merely listen to the word, and so deceive yourselves. Do what it says." James 1:22 NIV

**KICKOFF** Do you have any favorite fall traditions?

SUMMARY

Brian McKenney kicked off our series "OctoberBest" with a message entitled "Contentment At Its Best". In this message, we learned three practical steps to help us cultivate contentment in our lives.

### **READ IT TOGETHER**

Philippians 4:10-13

## TALK IT OVER

#### 1. Kill Comparison

*Q*: To what extent do you compare yourself and your life to other people? How have you seen comparison rob you of the joy you otherwise could have had?

#### APPLICATION 2. Say the magic word

*Q*: The "magic word" Brian referred to was "Thanks"! How has your gratitude been lately? What would it look like for you to grow in the area of gratitude and thanksgiving?

#### 3. Jump ship

*Q:* We cultivate contentment when we jump from "ownership" to "stewardship". What are some of the key differences between ownership and stewardship? How can you become a better steward of the things that God entrusts to you?

4. Brian issued 3 challenges: (1) avoid "comparison zones" for a week (2) for one day, only pray "thanks" (3) this week, take a step in giving.
Q: Which of the three challenges are you going to do?

**PRAYER** Pray that our contentment and joy would increase as we follow these steps!



