

APPLICATION QUESTIONS

"Do not merely listen to the word, and so deceive yourselves. Do what it says." James 1:22 NIV

KICKOFF Do you have any favorite fall traditions?

SUMMARY

Brian McKenney kicked off our series "OctoberBest" with a message entitled "Contentment At Its Best". In this message, we learned three practical steps to help us cultivate contentment in our lives.

READ IT TOGETHER

Philippians 4:10-13

TALK IT OVER

1. Kill Comparison

Q: To what extent do you compare yourself and your life to other people? How have you seen comparison rob you of the joy you otherwise could have had?

APPLICATION 2. Say the magic word

Q: The "magic word" Brian referred to was "Thanks"! How has your gratitude been lately? What would it look like for you to grow in the area of gratitude and thanksgiving?

3. Jump ship

Q: We cultivate contentment when we jump from "ownership" to "stewardship". What are some of the key differences between ownership and stewardship? How can you become a better steward of the things that God entrusts to you?

4. Brian issued 3 challenges: (1) avoid "comparison zones" for a week (2) for one day, only pray "thanks" (3) this week, take a step in giving.
Q: Which of the three challenges are you going to do?

PRAYER Pray that our contentment and joy would increase as we follow these steps!



