

SUMMARY

This week in our *Keep Calm And...* series, Pastor Tim Millsaps taught through 2 Timothy 1:13-18 with a challenging teaching for us to 'hold fast' to sound doctrine and one another. If these two pieces of biblical advice are overlooked/ignored, Christian foundations begin to crumble.

1. Keep Calm and Hold Fast to Sound Doctrine [Vs. 13-14]

- This has been a topic that we've discussed a few times in our sermon-based application questions in recent months as we've looked at both of Paul's letters to Timothy. Why do you think that Paul emphasizes this so many times to Timothy?
- What were the qualifiers Pastor Tim laid out for something to be sound doctrine?
- "If doctrine is sound, it better have its intended effect on my life and the culture in which my life is lived." Pastor Tim Millsaps
 - o How does doctrine affect culture & the life we live? What does that mean?
 - O What is the intended effect that the Lord has for His Word in us?
 - O What factors reduce, govern, or limit that intended effect in our lives?
- Read Jeremiah 6:16. Pastor Tim spoke about 'old school' Bible truths. How have we, as a culture, abandoned finding rest for our souls as it relates to Biblical truth?

APPLICATION

2. Keep Calm and Hold Fast to One Another [Vs. 15-18]

- How do you respond when others desert or disappoint you, as Paul was by Phygelus and Hermogenes? Share a specific example if something comes to mind.
- Onesiphorus was a good friend to Paul.
 - He refreshed Paul. What is the most refreshing and encouraging friendship you hold dear? How do you reciprocate?
 - He was not ashamed of Paul. When has someone unashamedly stood up for you or been there to defend you? Why do you think that happened?
 - He sought Paul out. Who is someone that fiercely matters to you, so much so, that you won't let that relationship fade away and continually seek them out? Why?
 - He ministered to Paul. What does it mean to minister to someone? How do you know when ministry has happened amongst friends?

PRAYER

Pray for enduring Christian friendships that share and encourage sound doctrine together!

