

SUMMARY

This weekend, Pastor Frank continued our In it to Win It series as he led us through 1 Timothy 3:14-15 in a teaching entitled "Bring the Meal". The 'main course' of our spiritual nourishment comes from a regular diet of healthy portions of God's Word.

1. Read 1 Timothy 3:14-15

- Why does Paul emphasize that proper conduct ought to be grounded in truth?
- How does the church serve as the "pillar and foundation of truth" in our contemporary world today?
- Where is the church falling short in respect to these?
- What can the church improve upon in these areas? How can you help?

APPLICATION

2. Pastor Frank took us to the story of Elisah and the pot of death stew in 2 Kings 4:38-41, and focused on the phrase "then bring meal" in verse 41. Elisah divinely knew that adding the right ingredient would remedy the problem.

- We speak and hear often about the 'death pot' culture we face. How can the right ingredient (God's Word) bring remedy to the problems?
- When we face a temptation, why do we tend to 'fight the flesh' more than we 'feed the spirit' in these times?
- How could you practically 'feed your spirit' more routinely with God's Word?
- What steps can you take to foster an environment of 'bringing the meal' within your family?
- How could this small group 'bring the meal' to your neighborhood or community?
- Discuss organizing a service project together that involved sharing the Gospel.

PRAYER

Pray for the desire and discipline to feed your spirit more routinely with God's Word.







