

### SUMMARY

The title of this weekend's message was "When Moments Lose Momentum", taught by Ryan Borkan. He shared the story of the prophet Elijah when he ran from Jezebel in 1 Kings 19:1-18. When things aren't going the way we expect them to, God is still on the throne and He meets us in those moments!

## When unmet expectations exhaust us, God is ready to meet us with rest and grace. (See verses 1-7)

- What expectations do you crrently have for how God should handle a situation in your life?
- Share a time when your expectations weren't fulfilled the way you hoped?
- Ryan asked the question, 'Why does it seem that the problems we face now are bigger than the ones we faced before?' How would you answer that?

### APPLICATION

# 2. When we get frustrated and off course, God brings us back to rock solid reality. (See verses 8-10)

- In what area(s) of life do you find yourself getting most frustrated these days? Why?
- How do you receive correction when others advise you to make an adjustment?
- How quick are you to offer correction to others when you notice they are off course?
- In what way(s) has God revealed that you were off course in life/decisions?

#### 3. When we are uncertain, God has perfect clarity. (See verses 11-18)

- How has God clearly confirmed which way to go when you needed to make a decision?
- Why do we tend to ignore seeking counsel when we are uncertain about things?
- What are you uncertain about right now that could use some clarity?

**PRAYER** 

Pray for God's grace to show you when your expectations need to be adjusted!







