

**SUMMARY** 

Pastor Frank's teaching, "The Amazing Race", dispels any notion that the Christian life is boring, but instead very exciting with a call to action! Paul vividly charges Timothy to flee from falsities, fight for faith, and finish the race well as he penned some of his final thoughts in this letter from 1 Timothy 6:11-16.

## 1. Flee from what is false.

- What does it mean to flee? How is it different than putting up guardrails in your life?
- What advantages occur when we distance ourselves from lies and sin?
- How has the Lord told you to flee from a particular sin struggle and not just put up [more] guardrails?

## 2. Pursue these things: Righteousness, godliness, faith, love, patience, gentleness.

- When you think of the word *pursue*, what thing(s) have you vigorously chased after in your life? Why?
- How does the idea of having a 'pursuit of righteousness' influence your personal and professional decision-making?
- Which of the qualities listed above do you feel is the most challenging for you tangibly pursue? Explain.

## 3. Fight the good fight of faith.

- Pastor Frank said this is good news/bad news!
  - o Bad News: It's a life-long fight! Does that deflate you in any way? Why?
  - Good News: You have an eternal reward waiting. When was the last time you sat and reflected on eternity?
- Has your will to fight wavered recently in any area of your faith? Explain.

## 4. Fix our eyes on Jesus (See Hebrews 12:1-2)

- Why is it, in Christian circles, that we hear (and even repeat) this phrase but do not fully understand what it means?
- Discuss as a group what 'fixing our eyes on Him' truly means.

**PRAYER** 

**APPLICATION** 

Pray that He would show you what to purposefully flee from and what to actively run towards!

