

Prayer Walking

ON SITE WITH INSIGHT

Prayer Walking is simply praying as you walk through a community, neighborhood, town or city. It's praying with all of your senses – sight, sound, smell, touch, etc. Consider prayer walking a particular area regularly; possibly at a set time every week. Also consider finding a partner to pray with (in Luke 10 Jesus sends out his disciples 2 by 2). As you walk the streets, ask God to...

OPEN HEAVENS. Pray blessings on the community, not curses! *Isaiah 64:1 "Oh that you would rend the heavens and come down, that the mountains would tremble before You!"*

OPEN HEARTS. Pray the Holy Spirit opens the hearts of the people in the community to the Gospel of Jesus Christ! *Acts 16:13-14 "And on the Sabbath day we went outside the gate to the riverside, where we supposed there was a place of prayer, and we sat down and spoke to the women who had come together. One who heard us was a woman named Lydia, from the city of Thyatira, a seller of purple goods, who was a worshiper of God. The Lord opened her heart to pay attention to what was said by Paul."*

OPEN HOMES. Pray for supernatural encounters, resulting in entire families or social circles to read the Bible together, trust Jesus as Lord, and share the Gospel with others! *Acts 16:30-34 "Then he brought them out and said, "Sirs, what must I do to be saved?" And they said, "Believe in the Lord Jesus, and you will be saved, you and your household." And they spoke the word of the Lord to him and to all who were in his house. And he took them the same hour of the night and washed their wounds; and he was baptized at once, he and all his family. Then he brought them up into his house and set food before them. And he rejoiced along with his entire household that he had believed in God."*

OPEN HANDS. Pray with open hands to be moved by God's compassion to be Jesus' hands in your community, freely giving away His presence in word and deed! *Matthew 10: 7-8 "As you go, preach this message: 'The kingdom of heaven is near.' Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give."*

OPEN HIGHWAYS. Pray for God to tear down barriers to the Gospel spreading so that, through the work of his Spirit, disciples multiply to new people and places! *Isaiah 40:3-5 "In the desert prepare the way for the Lord, make straight in the wilderness a highway for our God. Every valley shall be raised up and every mountain and hill made low, the ground shall become level, the rugged places a plain. And the glory of the Lord will be revealed, and all mankind shall see it."*

PRAYING AGAINST STRONGHOLDS

We never pray against people but against the strongholds Satan has set up in our community!

2 Corinthians 10: 3-6 "For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete."

PLACES OF GOVERNMENT– Pray for the men and women in government, and pray against various ways a government may oppress people. Pray for truth & justice in our communities.

PLACES OF EDUCATION – It has been said, “Whoever holds the hearts and minds of the children and youth, holds the hearts of the nation.” Often educational institutions are places where children and youth are taught things that are in opposition to God’s truth – such as atheism, communism, false religions. We need to pray over these educational institutions asking God to redeem these places and redeem the hearts of those who teach the children and youth.

PLACES OF COMMERCE – It is known that most social injustice is the result of the rich who oppress the poor. Businesses and other places of commerce are often powerful strongholds that keep people from seeing the true light of the gospel of Jesus Christ. We need to pray that God will redeem a society that social justice will prevail. We need to pray that the poor would no longer be oppressed by the rich.

PLACES OF RELIGION/CULTURE – The worship of false, counterfeit gods keeps the people from seeing the truth that Jesus is the way, the truth, and the life. We need to pray that people would have their eyes and their hearts open to see that no one can come to salvation except through Jesus Christ. We need to pray that idolatry, which is abominable to God, would be demolished and destroyed so that people would return to the worship of the One, True and Living God.

PRAYING FOR PEOPLE

As you are walking through a community/neighborhood, you may see people on the street, at the park, or in their yards. Approach those you see, and let them know you are praying for the neighborhood. Ask them if there is anything you can pray for them and their family. A good question to ask is “If God could do a miracle in your life what would it be, and can I pray for that?” If possible, pray with them right there. Maybe God will do a miracle!

If you need help, you can pray through the **BLESS** guide.

Body – pray God would bless their physical health.

Labor – pray God would bless their work, the fruit of their hands.

Emotions – pray God would bless their emotional health, that they would have peace, love and joy in their life.

Social – pray God would bless their relationships, that they would have peace and unity amongst their family and friends.

Spiritual – pray God would bless them with an understanding of God’s love and salvation in Jesus Christ. Pray they would experience his peace, joy and forgiveness in their lives.

Look for openness to share the Gospel or invite to read the Bible together. People who receive prayer may be people God is preparing.

PERSONAL SPIRITUAL PREPARATION

- Repentance and confession of sins - clean hands and a pure heart (James 4:8)
- Prayer for the opening of spiritual eyes, perception, discernment, seeing and hearing in the Spirit of intercession and a heart of compassion
- Overcome personal fear by intercession and putting on the armor of God (Eph. 6:10-20)