

Teach us how to pray The Tabernacle prayer

18 Pray in the Spirit in every situation. Use every kind of prayer and request there is.
Ephesians 6:18

8 And let them make me a sanctuary, that I may dwell in their midst. 9 Exactly as I show you concerning the pattern of the tabernacle, and of all its furniture, so you shall make it. **Exodus 29:8-9**

1. Start at the cross of Jesus

6 For while we were still weak, at the right time Christ died for the ungodly.
Romans 5:6



*But he was pierced for our transgressions;
he was crushed for our iniquities;
upon him was the chastisement that brought us peace,
and with his wounds we are healed. **Isaiah 53:5***

2. Offer every part of my life to God



*23 Search me, O God, and know my heart!
Try me and know my thoughts!
24 And see if there be any grievous way in me,
and lead me in the way everlasting! **Psalms 139 23-24***

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.
Romans 12:1

3. Invite the Holy Spirit into my life



*And the Spirit of the Lord shall rest upon him,
the Spirit of wisdom and understanding,
the Spirit of counsel and might,
the Spirit of knowledge and the fear of the Lord.
Isaiah 11:2*

6 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands, **2Timothy 1:6**

4. Claim the promises in Gods' word



*"Man shall not live by bread alone,
but by every word that comes from the mouth of God."*

Matthew 4:4

5. Worship His name



*"Worthy are you, our Lord and God,
to receive glory and honour and power,
for you created all things,
and by your will they existed and were created."*

Revelation 4:11

*The name of the Lord is a fortified tower;
the righteous run to it and are safe. **Proverbs 18:10***

6. Intercede for others



*First of all, then, I urge that supplications, prayers,
intercessions, and thanksgivings be made for all people,
2 for kings and all who are in high positions,
that we may lead a peaceful and quiet life,
godly and dignified in every way. **1 Timothy 2:1-2***

Life Group questions

- 1) What was your takeaway from the message this week?
- 2) Honestly, how would you rate your prayer life in this season?
- 3) Why is prayer so important and yet an area we do struggle with?
- 4) Describe what it looks like practically to use each of the 7 as a pattern for prayer. Does this pattern of the Tabernacle prayer help in its simplicity?
- 5) What is your most fav worship song to worship God with? Why not spend some time in worship now...
- 6) Finally spend time in the group now interceding on behalf of our families, nation and church family and leaders.