

O MY SOUL

Psalm 42-43



¹ As a deer pants for flowing streams, so pants my soul for you, O God. ² My soul thirsts for God, for the living God. When shall I come and appear before God?

PSALM 42:1-2

³ My tears have been my food day and night,
while they say to me all the day long, “Where is your
God?” ⁴ These things I remember, as I pour out my
soul: how I would go with the throng and lead them in
procession to the house of God with glad shouts and
songs of praise, a multitude keeping festival.

P S A L M 4 2 : 3 - 4

⁵ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation ⁶ and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar.

P S A L M 4 2 : 5 - 6

⁹ I say to God, my rock: “Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?” ¹⁰ As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

P S A L M 4 2 : 9 - 1 0

¹¹ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

P S A L M 4 2 : 1 1

¹ Vindicate me, O God, and defend my cause against
an ungodly people, from the deceitful and unjust man
deliver me! ² For you are the God in whom I take
refuge; why have you rejected me? Why do I go about
mourning because of the oppression of the enemy?

P S A L M 4 3 : 1 - 2

³ Send out your light and your truth; let them lead me;
let them bring me to your holy hill and to your
dwelling! ⁴ Then I will go to the altar of God, to God
my exceeding joy, and I will praise you with the lyre,
O God, my God.

P S A L M 43 : 3 - 4

⁵ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

PSALM 43:5

O MY SOUL

Psalm 42-43



1. Sing the Gospel

1. Sing the Gospel
2. Don't trust your emotions

1. Sing the Gospel
2. Don't trust your emotions
3. Continually drink from the flowing stream
of God's Word

4. Don't be afraid to ask God questions

4. Don't be afraid to ask God questions

5. Plead with God to deliver you from the darkness

4. Don't be afraid to ask God questions
5. Plead with God to deliver you from the darkness
6. Preach the gospel to yourself everyday

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Psalm 42-43

