

## Staying On Course

### **Ephesians 6:2-3**

*“Honor your father and mother.” This is the first commandment with a promise: <sup>3</sup> If you honor your father and mother, “things will go well for you, and you will have a long life on the earth.”*

### **1 Corinthians 9:24-27**

*“Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! <sup>25</sup> All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. <sup>26</sup> So I run with purpose in every step. I am not just shadowboxing. <sup>27</sup> I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.”*

### **Discouragement**

#### **Psalm 27:13-14**

*“I remain confident of this: I will see the goodness of the Lord in the land of the living. <sup>14</sup> Wait patiently for the Lord; be strong and take heart and wait for the Lord.”*

#### **Isaiah 41:10**

*“Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.”*

### **Doubt**

#### **Mark 9:23-24**

*“‘If you can?’” said Jesus. “Everything is possible for one who believes.” Immediately the boy’s father exclaimed, “I do believe; help me overcome my unbelief!”*